

# CELEBRATE EVERY KID *Healthy Week*



Please join us for:

Activities will include:

Questions? Contact:

## EVERY KID HEALTHY WEEK 2026 SCHEDULE

<b>APRIL 20</b> MINDFULNESS MONDAY Mental Health and Wellness 	<b>APRIL 21</b> TASTY TUESDAY Nutrition Education 	<b>APRIL 22</b> WELLNESS WEDNESDAY Physical Activity 	<b>APRIL 23</b> THOUGHTFUL THURSDAY Vaping/Nicotine Prevention 	<b>APRIL 24</b> FAMILY FRIDAY Family Engagement 
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**ACTION**  
FOR HEALTHY KIDS