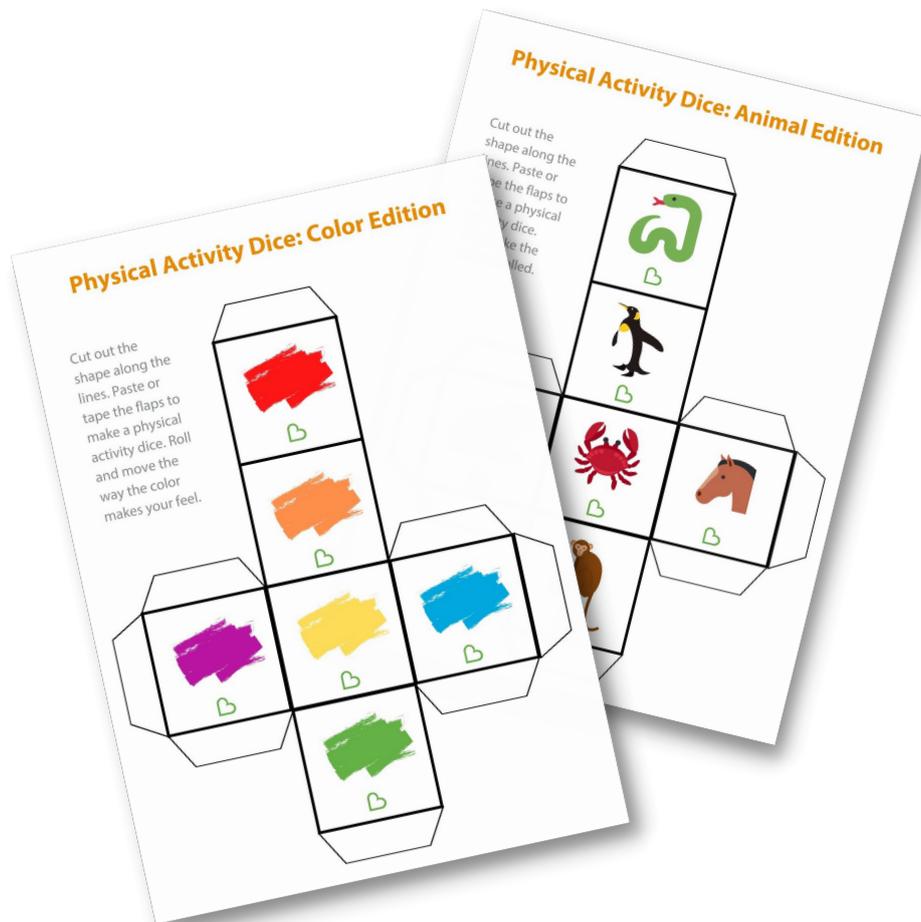


Brain Break Physical Activity Dice

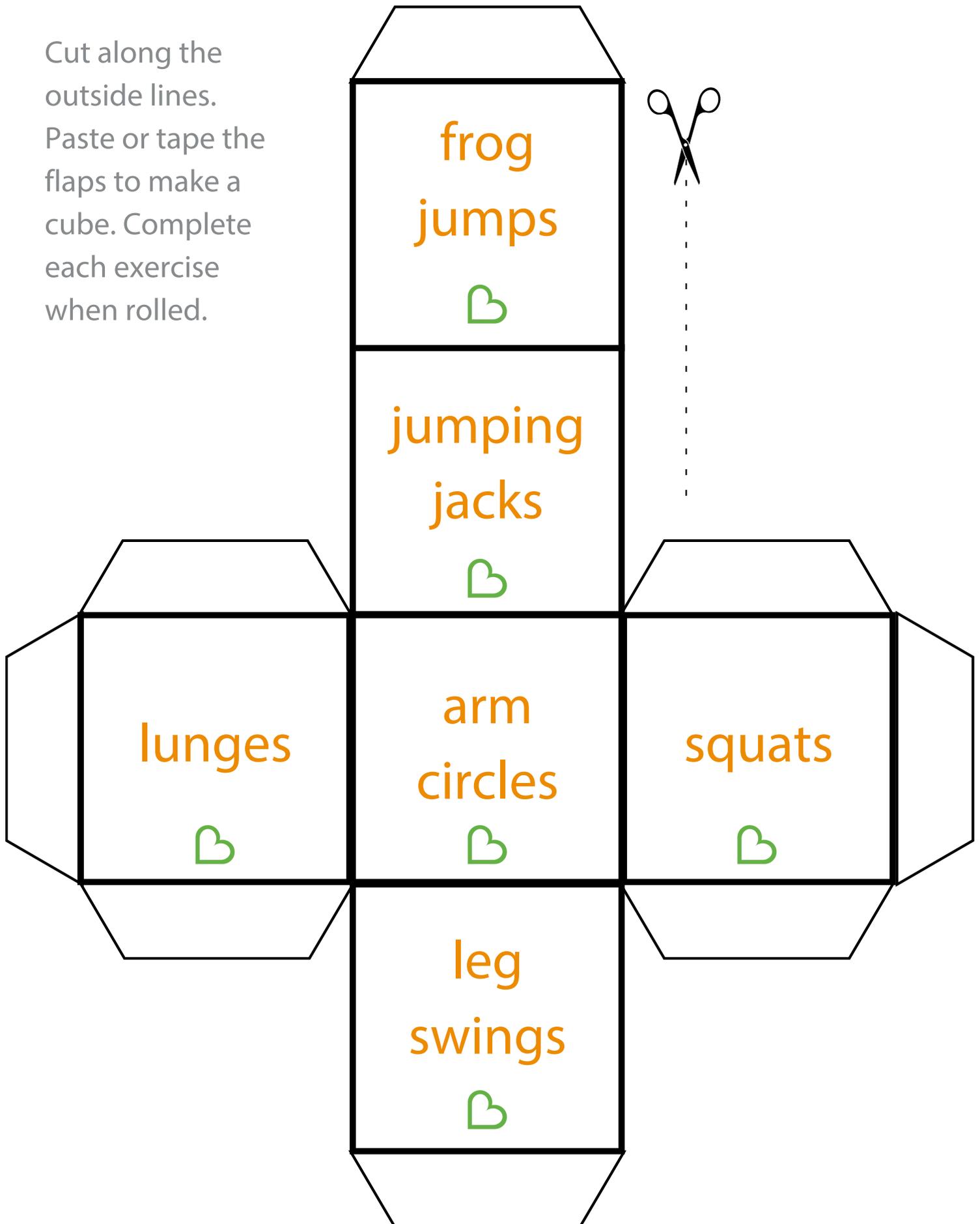


Use these printable activity dice for fun brain breaks in the classroom and at home.

Want to make your own? Recycle an old box or carton. Turn it into an art project for the whole family or class. Wrap in paper or paint the sides. Draw or write different movements on each side.

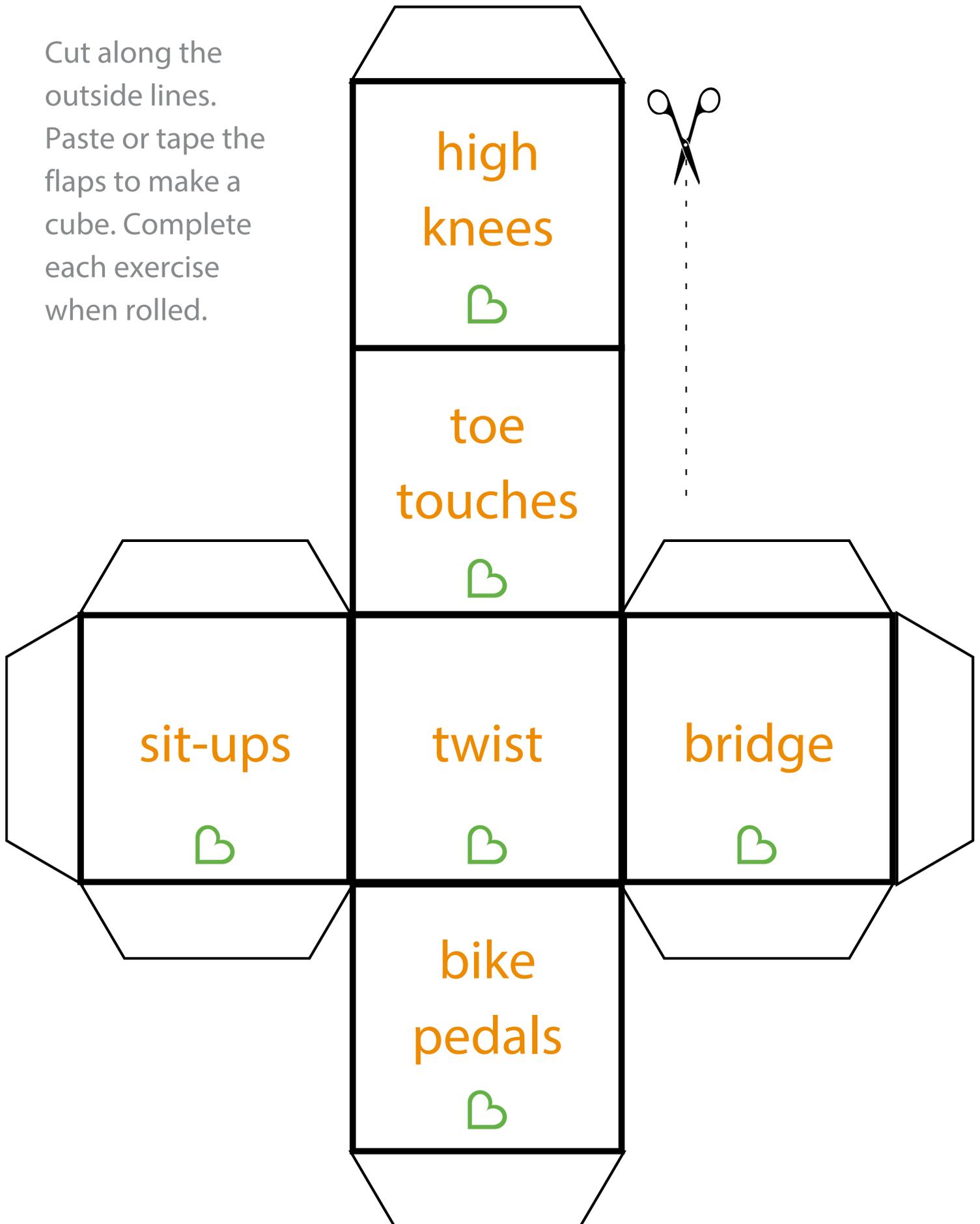
Physical Activity Dice

Cut along the outside lines.
Paste or tape the flaps to make a cube. Complete each exercise when rolled.



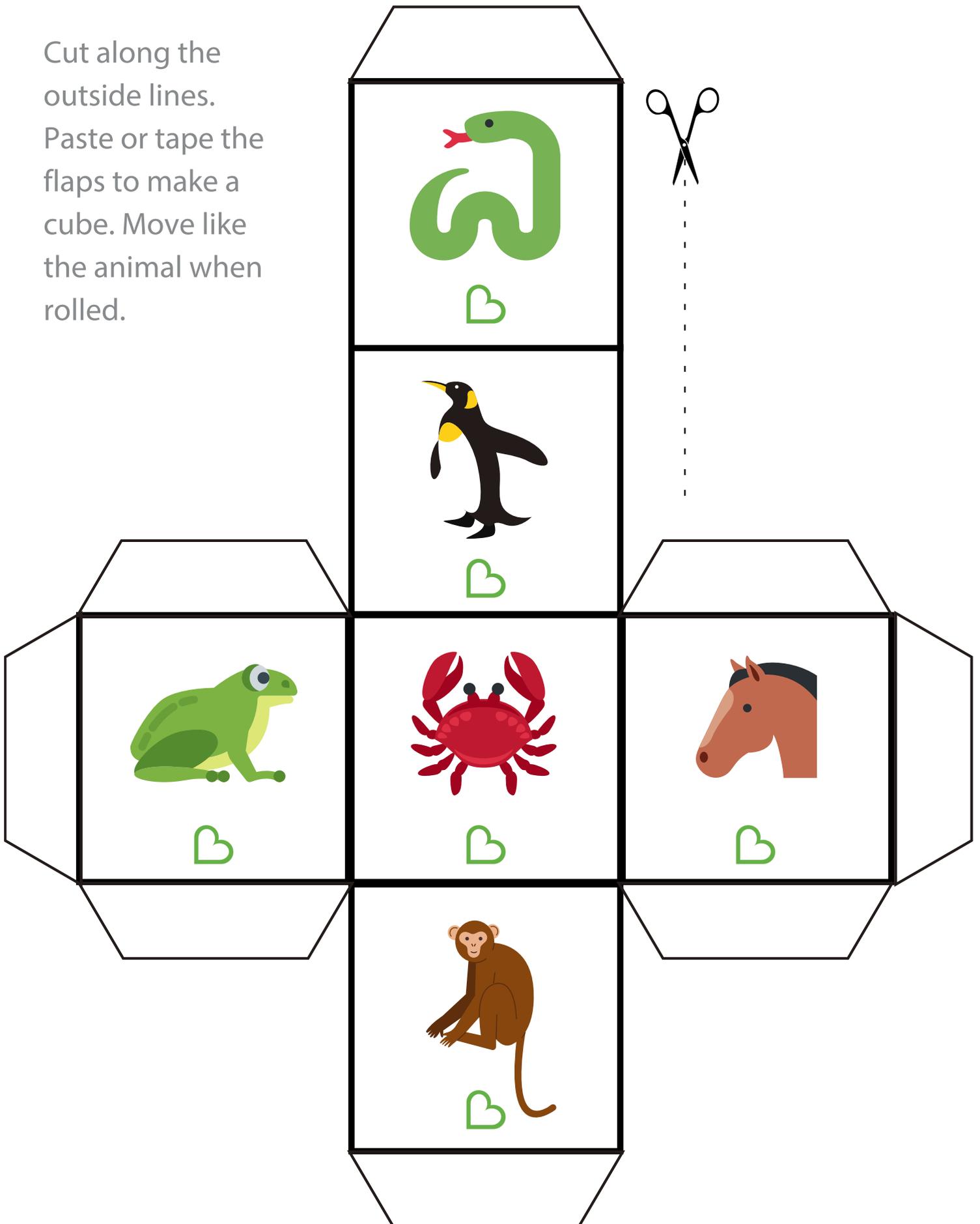
Physical Activity Dice

Cut along the outside lines. Paste or tape the flaps to make a cube. Complete each exercise when rolled.



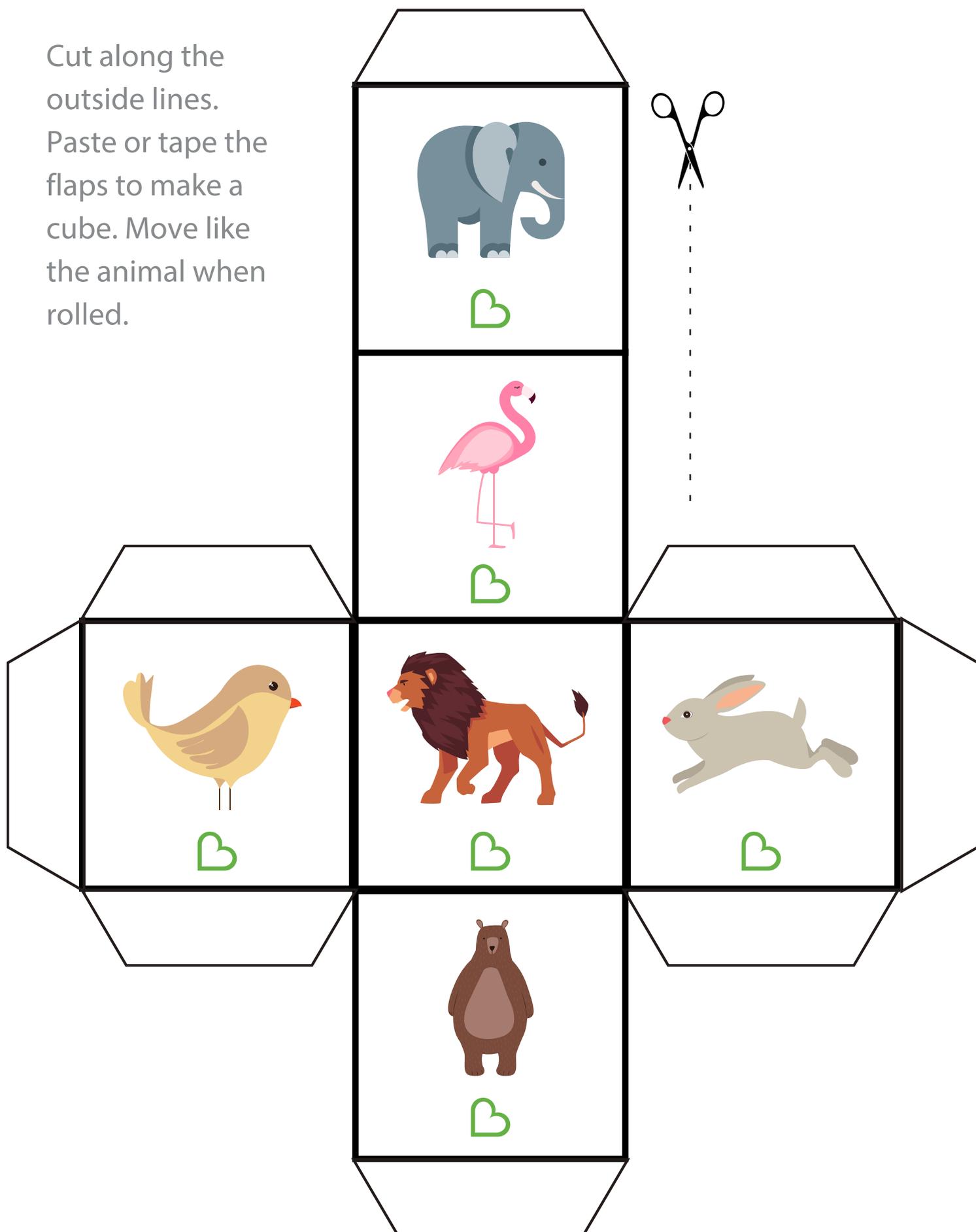
Physical Activity Dice: Animal Edition

Cut along the outside lines. Paste or tape the flaps to make a cube. Move like the animal when rolled.



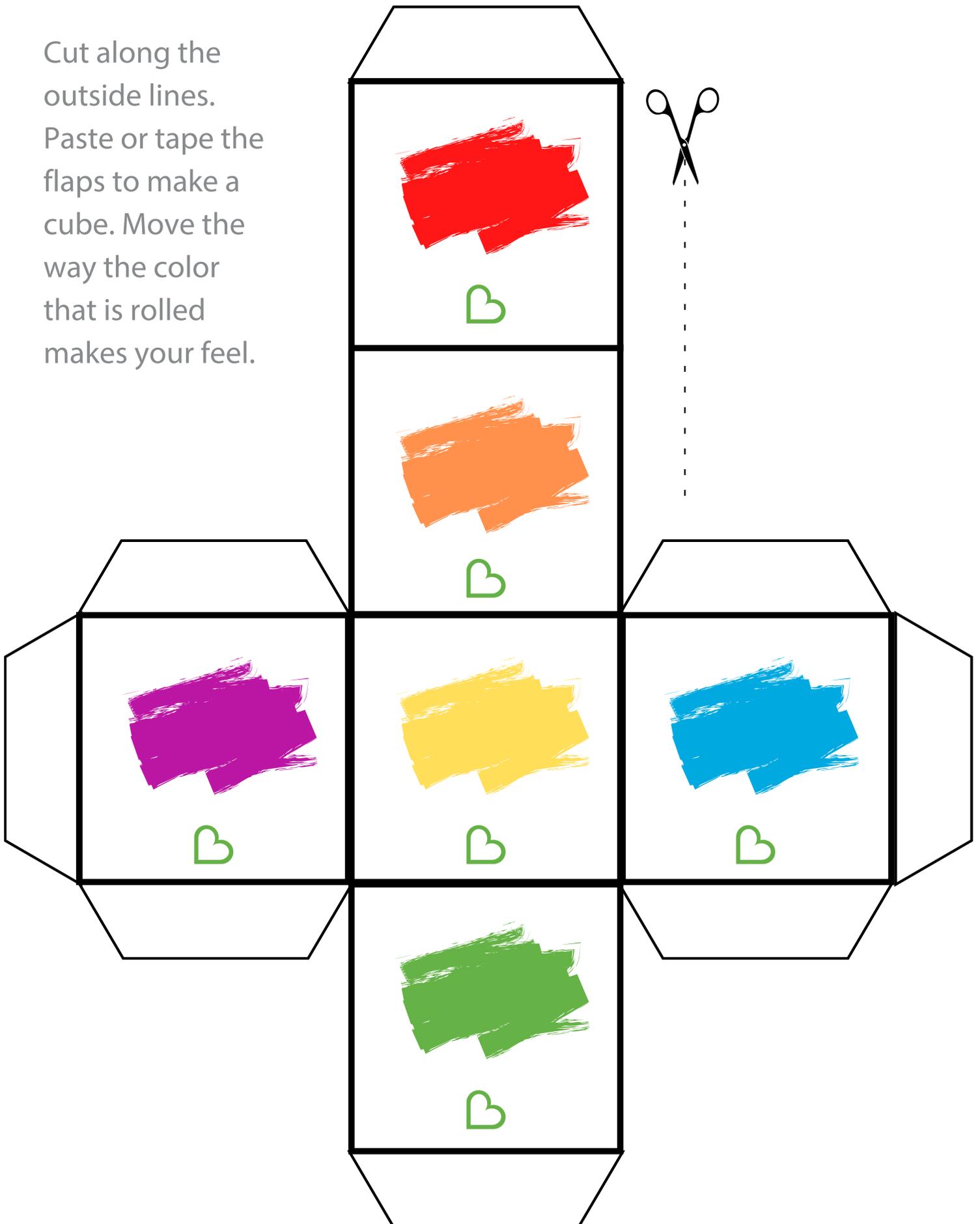
Physical Activity Dice: Animal Edition

Cut along the outside lines. Paste or tape the flaps to make a cube. Move like the animal when rolled.



Physical Activity Dice: Color Edition

Cut along the outside lines. Paste or tape the flaps to make a cube. Move the way the color that is rolled makes your feel.



Physical Activity Dice

Cut along the outside lines. Draw or write in your favorite moves. Paste or tape the flaps to make a cube.

