



**Action for Healthy Kids
NourishEd Grant Request for Applications
2021-2022 School Year
Applications Due August 15, 2021**

Background

AFHK recognizes the uncertainty that the 2021-22 school year brings as districts and schools navigate the post-COVID learning environment. AFHK's 21-22 NourishEd Grant provides financial and in-kind support to school districts to support post-COVID nutrition challenges by bringing districts, schools and families together to address critical student needs.

AFHK's *NourishEd*: Food Access and Nutrition Education program increases the demand for healthy food among families, students and schools through nutrition education and promotion, as well as improving the supply of healthy food for kids in schools by increasing school meal program participation. Districts awarded with funds will start or enhance federal school meal programs and implement nutrition education in a cohort of schools.

Additionally, AFHK will hire a Family Connector to support the development of effective family-school partnerships across the district, and to provide additional in-depth support for up to 5 schools each year through learning sessions and ongoing coaching for parents/caregivers and school staff. Family Connectors are trusted parents/caregivers serving the communities where they live and are trained to bring together parents/caregivers and school staff to develop effective and sustainable family-school partnerships that support kids' health. [Learn more about the Family Connector role.](#)

District Eligibility

School districts in which there is demonstrated need and a lack of resources will receive priority for funding. AFHK utilizes an equity index to guide grant decision making, which includes metrics related to poverty, race, population density, student disabilities and per pupil expenditures, to acknowledge characteristics that may result in health and educational disparities. Schools within the chosen school cohort will need to have a free/reduced rate of 75% or above.

School districts located in the following states are eligible to apply: CA, CO, FL, IL, NY and TX, as well as members of AFHK's National School District Wellness Coalition.

If you have questions about your district's eligibility or likelihood of funding, contact your AFHK [State/Project Coordinator](#). If unsure who your designated State or Project Coordinator is, email us at ContactUs@ActionforHealthyKids.org.

2021-22 NourishEd Grant

- **Awarded districts receive a \$5,000 stipend (to be used at the discretion of the district in support of child health and well-being). AFHK will support the district to:**
 - Share health and wellness-related policies with AFHK for review, analysis and recommendations for improvement.
 - Promote three (3) learning sessions during the 21-22 school year focused on grant deliverables.

- Work with AFHK to identify schools that have a need for in-depth support to facilitate sustainable family-school partnerships. AFHK will hire and train a Family Connector in each partner district, who will work with up to 5 schools to provide this additional support through:
 - Learning sessions
 - Ongoing coaching for parents/caregivers and school staff
 - A \$1,000 project stipend for each partner school to support parents/caregivers and school staff in designing and implementing a project that strengthens family-school collaboration and improves food access and/or nutrition education. (\$5,000 total additional funding).
 - [Learn more about the Family Connector role.](#)
- Support grant evaluation protocol, to include:
 - Submit photos/videos to share successes
 - Work with AFHK to support the writing of a success story
 - Submit final report.
- **Awarded districts will also receive \$5,000 per school identified in school cohort for *NourishEd: Post-COVID Food Access and Nutrition Education and Promotion Grants (up to 10 schools can be chosen for the cohort)***
 - Districts receive a cash grant to support post-COVID *NourishEd: Food Access, Nutrition Education and Promotion* in each school of the cohort by:
 - Enhancing an existing federal school meal program OR implement one (1) new federal school meal program in grades PK-12 to address pandemic challenges and increase Average Daily Participation (ADP) in federal school meals in schools district-wide.
 - In grades PK-8: Implementing an evidence-based nutrition education classroom curriculum in schools district-wide.
 - In grades 9-12: Implementing nutrition education/healthy eating topics as part of health education in schools district-wide.
 - Implementing at least one experiential learning initiative to expand nutrition education outside of the classroom curriculum in schools district-wide.
 - Support grant evaluation protocol, to include:
 - Submit district-wide meal data twice during the 21-22 school year (midterm and final).
 - Work with AFHK to administer pre/post nutrition student surveys in a sample of schools.
 - Work with AFHK to conduct pre/post School Health Index with schools district-wide.
 - Submit final report.
 - Submit photos/videos to share successes
 - Work with AFHK to support the writing of a success story

Application Instructions

This is a district grant application, so only district-level staff can start and submit an application. Applications must be submitted via AFHK's [Grant Portal](#). AFHK encourages applicants to submit applications as early as possible – they will be reviewed on a rolling basis until all funds are committed. Your designated AFHK [State/Project Coordinator](#) is available to help you navigate the application process. If unsure who your designated State or Project Coordinator is, email us at ContactUs@ActionforHealthyKids.org.

**Applications will be reviewed on a rolling basis until all funds are committed,
with a final deadline of August 15, 2021.**