

2021-2022 Action for Healthy Kids (AFHK) Grant Opportunities for 2021-2022 School Year Frequently Asked Questions

District Partnership

Tell me more about AFHK's Program Areas.

- ConnectedEd: Our ConnectEd program is a comprehensive approach to social-emotional health
 and youth risk behavior prevention that aims to improve and maximize the protective factors
 integral to a child's health and wellbeing to promote resilience among children and adolescents,
 help promote social and emotional competence, and minimize risk behaviors. The key
 components of our ConnectEd program model include:
 - CASEL-aligned, evidence-based curriculum that uniquely addresses social emotional health from an equity-centered, whole child perspective by leveraging family-school partnerships, physical activity and nutrition as vehicles for age-appropriate foundational social-emotional learning and risk-behavior prevention.
 - Culturally responsive and age-appropriate experiential learning initiatives that demonstrate mindfulness awareness practices and/or restorative practices via a districtwide or selected school-cohort approach. Experiential learning initiatives are designed to promote "learning through reflection on doing" and to create opportunities for students to apply skills and knowledge learned within the context of their community, cultural background and own lived experiences.
 - Capacity-building learning sessions around social-emotional health best practices and strategies to promote and enhance the ecological assets of students to build improved social-emotional competencies and support emotional health and responsible decision making through the trajectory of childhood and to build their capacity to serve as nurturing adults in their school communities to champion positive youth development.
- EnergizEd: Our EnergizEd program is a comprehensive approach physical activity and active play
 that aims to build the capacity of schools to implement physical activity opportunities during the
 school day (outside of physical education) to ensure children receive the recommended 60
 minutes of moderate-to-vigorous physical activity daily. The key components of our EnergizEd
 program model include:
 - Culturally responsive and age-appropriate experiential learning initiatives that provide students with an opportunity to be physically active during (outside of physical education) and include initiatives such as classroom physical activity breaks, active/sensory hallways and recess. Experiential learning initiatives are designed to promote "learning through reflection on doing" and to create opportunities for students to apply skills and knowledge learned within the context of their community, cultural background and own lived experiences.

- Capacity-building learning sessions around comprehensive school physical activity
 program best practices, with a specific focus on during-school physical activity outside
 of physical education, family engagement and staff involvement, to ensure that schools
 and families provide regular access to physical activity that result in students receiving
 the recommended 60 minutes of moderate-to-vigorous physical activity daily.
- NourishEd: Our NourishEd program is a comprehensive approach to nutrition education and
 improved food access that aims to improve children's health by increasing the demand for
 healthy food among families, students and schools, through student and family engagement,
 nutrition education and promotion, and district policies, systems and environments; as well as
 improving the supply of healthy food for kids in schools by increasing the capacity of families
 and schools working together (family-school partnerships) to ensure schools serve as nutrition
 hubs. The key components of the NourishEd program model include:
 - School meal programming implemented district-wide to increase student access and participation in Child Nutrition Programs (school breakfast, school lunch, after school supper and/or summer meals.
 - Evidence-based nutrition education curriculum and promotion strategies grounded in the Dietary Guidelines for Americans and MyPlate best practices to support students in developing nutrition-related habits and behaviors that contribute to positive overall health and well-being.
 - Culturally responsive and age-appropriate experiential learning initiatives that provide students with an opportunity to discover new foods, learn about agriculture and food science, and make the connection between nutritious food and social-emotional health. Experiential learning initiatives are designed to promote "learning through reflection on doing" and to create opportunities for students to apply skills and knowledge learned within the context of their community, cultural background and own lived experiences.
 - Capacity-building learning sessions around school nutrition policies and best practices, federal school meal programs and requirements, increasing food access and healthy eating at school and at home, nutrition education, and strategies for strengthening family engagement in school nutrition programming.

My school district doesn't have a Local School Wellness Policy (LSWP). Are we still eligible for the grant?

Yes. If selected for a grant partnership, then in place of submitting a Local School Wellness Policy, we'll ask you to please submit all Board-approved policies (including superintendent regulations and administrative guidelines) that address physical activity, nutrition environment and services, employee wellness, family engagement, and integration/implementation and evaluation. This is in addition to requesting policies that address other items outside of what is traditionally covered by LSWPs. We will only ask for copies of policies if your district is selected for the grant.

What does the policy review process look like?

Upon learning of your selection for the grant, you will receive instructions on how to submit your policies for review. We ask that these policies be submitted by June 30, 2021. If any of the requested policies are currently under review or are currently being assessed, we will accept copies of the policies up through September 30, 2021. Once your policies are submitted, Action for Healthy Kids will being the review and evaluation process, utilizing University of Connecticut's Rudd Center and Collaboratory for

School and Child Health's policy analysis tool, the <u>WellSAT WSCC</u>. Policies will be evaluated for the strength and comprehensiveness in accordance to the CDC's <u>Whole School</u>, <u>Whole Community</u>, <u>Whole Child (WSCC) model</u>, for alignment in these six components of the model: physical education and physical activity; nutrition environment and services; health education; social and emotional climate; employee wellness; and family engagement.

Once your district's policy review has been completed, you will receive a written report providing the evaluation results, as well as customized recommendations for policy enhancements to help strengthen your policy and make it more robust and supportive of whole child health.

My district already uses an assessment tool. Do we have to use the School Health Index?

That's great that your district and your schools are already accustomed to measuring best practices in their health environments! Although schools may continue to use additional tools that work well for their needs, we do require that at least 75% of the schools in our partnering districts complete Action for Healthy Kids School Health Index (SHI). This is because our SHI is specifically designed to align with AFHK's programming and with our district grant program, so completion of it allows us to provide your district and schools with more targeted support.

What does the School Health index process look like?

AFHK requires that our School Health Index (SHI) be completed by at least 75% of the schools in partner districts. Additionally, the index must be completed by at five (5) timepoints over the course of the four-year partnership. The deadlines for each of these timepoints is as follows:

- Thursday, September 30, 2021
- Friday, May 27, 2022
- Friday, May 26, 2023
- Friday, May 24, 2024
- Friday, May 23, 2025

To complete the School Health Index, a designated school-level user must register in AFHK's Grant Portal and affiliate themselves with their school. Please note that district level contacts are also able to preanswer a selection of SHI questions that will then be applied to all schools in the district. Taking this approach lessens the amount of time that individual school contacts need to spend on completing the index, and ensures accurate and consistent information is provided for all of your schools. For a step-by-step guide on completing AFHK's SHI, please see here.

This grant mentions that it is for a 4-year partnership. Do we have to commit to 4 years at the start of the grant?

Yes, AFHK views our district grantees, and the schools within them, as partners. These partnerships are designed to be long-term relationships that lead to lasting family-school partnerships, positive impacts on children's health in body and in mind, and sustainable, systemic enhancements across multiple program areas. AFHK will partner with districts for an initial four-year period to address three program areas (*ConnectEd*, *NourishEd* and *EnergizEd*) based on the availability of continued funding from AFHK

and the district's need for continued program support. Partnerships may extend beyond four years, as additional funding and need are determined. Awarded districts will be expected to formally commit to a partnership (via signed Contract) for one year at a time. At the end of each school year, the district will be required develop an action plan and budget for the following school year, and re-sign a commitment to continue working together.

What does each year of the partnership require?

Year 1

- Work with all schools in the district to develop, expand or maintain a 5-member school health team that includes at representation from each program area (nutrition, physical activity, social-emotional health and family-school partnerships) and least one parent/caregiver, meets 4+ times per year, and is focused on increasing best practices.
- Work with AFHK to develop an action plan to improve existing policies around nutrition, physical
 activity, social-emotional health and risk behavior prevention, staff wellness and family engagement
 based on recommendations from the district's WellSAT analysis.
- Work to ensure at least 75% of schools in the district complete AFHK's School Health Index.
- Engage parents/caregivers in the design, implementation and evaluation of programming, including seeking parent/caregiver input during the application process, providing opportunities for ongoing parent/caregiver feedback and involvement, sharing information with parents/caregivers about the status of the work, and ultimately creating a culture where proactive parent/caregiver involvement is expected as the norm.
- Work with AFHK to identify schools that have a need for in-depth support to facilitate sustainable family-school partnerships.
- Work with Family Connector to recruit parents/caregivers to serve on a representative, district-level Parent Advisory Council (PAC) or join District School Health Advisory Council (SHAC)
- Ensure at least one (1) district health advisory council member (and encourage all district health advisory council members) attends five (5) district-level learning sessions focused on topics including grant partnership expectations, district school health advisory councils, family-school partnerships and Whole School, Whole Community, Whole Child policy and best practices.
- Promote required school-level learning sessions and encourage participation by at least one school representative (and at least one family representative, where applicable) from each school within the district.
- Promote required family-level learning sessions to all schools within the district.
- Promote additional monthly, optional learning sessions to all schools within the district.
- Promote school and family participation in AFHK/Active Schools campaigns across the district.
- Submit final report to share district-level successes.
- Work with AFHK to administer AFHK student surveys in a sample of schools at the end of the school
 vear.
- Work with AFHK to support writing of a success story.

Years 2-4

- Annually expand or maintain district team of at least 5 people to participate in monthly meetings with your designated AFHK State/Project Coordinator.
- Continue to work with all schools in the district to expand or maintain a 5-member school health team that includes at representation from each program area (nutrition, physical activity, socialemotional health and family-school partnerships) and least one parent/caregiver, meets 4+ times per year, and is focused on increasing best practices.

- Continue to engage parents/caregivers in the design, implementation and evaluation of programming.
- Update or continue to work with AFHK to implement the policy improvement action plan created in Year 1 to improve existing policies around nutrition, physical activity, social-emotional health and risk behavior prevention, staff wellness and family engagement based on recommendations from the district's WellSAT analysis.
- Annually, work to ensure at least 75% of schools in the district complete AFHK's School Health Index.
- Work with AFHK to support writing of a success story.
- Promote school and family participation in AFHK/Active Schools campaigns across the district.
- If not already a member, join and participate as an active member in the National School District Wellness Coalition.
- Annually, ensure at least one (1) district health advisory council member (and encourage all district health advisory council members) attends one (1) required learning session on annual grant deliverables.
- Promote required school-level learning sessions and encourage participation by at least one school representative (and at least one family representative, where applicable) from each school within the district.
- Promote required family-level learning sessions to all schools within the district.
- Promote additional monthly, optional learning sessions to all schools within the district.
- Continue to work with AFHK to identify schools that have a need for in-depth support to build sustainable family-school partnerships and would benefit from an AFHK Family Connector.
- Submit final report to share district-level successes.
- Work with AFHK to administer AFHK student surveys in a sample of schools at the end of the school
 year.
- Work with AFHK to support writing of a success story.
- In Year 2, implement ConnectEd: Social-emotional health and risk behavior prevention programming:
 - Implement Action for Healthy Kids' CASEL-aligned, evidence-based PK-12 ConnectEd classroom curriculum in schools district-wide.

• In Year 3,

- Continue to implement ConnectEd: Social-emotional health and risk behavior prevention programming (as outlined above)
- o Implement *NourishEd:* Food access and nutrition education programming:
 - Implement an evidence-based nutrition education classroom curriculum in grades
 PK-8 in schools district-wide.
 - Implement at least one experiential learning initiative to expand nutrition education outside of the classroom curriculum in schools district-wide.
 - Enhance an existing federal school meal program OR implement one (1) new federal school meal program, such as alternative school breakfast (e.g. breakfast in the classroom, grab and go to the classroom), school lunch, after school meals, or summer meal programming to increase Average Daily Participation (ADP) in federal school meals in schools district-wide.
- Implement EnergizEd: Physical activity and active play programming:
 - Implement at least one during-school physical activity initiative in schools districtwide:
 - Classroom Physical Activity
 - Sensory/Active Hallways
 - Recess

What are family-school partnerships?

Family-school partnerships bring together district leaders, school staff, and families to identify barriers to family engagement and specific child health needs, then work together to develop, implement, and evaluate effective and equitable solutions. When school staff, families, and community members work together to create healthy, safe, and supportive learning environments for their children, academic achievement and educational equity are improved immensely. Action for Healthy Kids functions with Family-School partnerships at the center of our work because we know that childhood healthy habits and lifestyles are driven by the adults and environments in which our children are raised. Developing family-school partnerships is the foundation of AFHK programming and a required component of the AFHK-district partnership.

What are family connectors?

In each partner district, AFHK will hire a Family Connector to support the development of effective family-school partnerships across the district, and to provide additional in-depth support for 3-5 schools each year through learning sessions and ongoing coaching for parents/caregivers and school staff.

Family Connectors are trusted parents/caregivers serving the communities where they live and trained to host learning sessions, facilitate ongoing conversations between parents/caregivers and school staff to identify shared needs and priorities, and provide coaching to break down barriers to family engagement and build mutual trust. Ultimately, the goal for Family Connectors is to bring together parents/caregivers and school staff to develop effective and sustainable family-school partnerships that support kids' health.

What are the requirements of the advance *NourishEd* funding?

- o Implement an evidence-based nutrition education classroom curriculum in grades PK-8 in schools district-wide.
- Implement at least one experiential learning initiative to expand nutrition education outside of the classroom curriculum in schools district-wide.
- Enhance an existing federal school meal program OR implement one (1) new federal school
 meal program, such as alternative school breakfast (e.g. breakfast in the classroom, grab and go
 to the classroom), school lunch, after school meals, or summer meal programming to increase
 Average Daily Participation (ADP) in federal school meals in schools district-wide.

What are the types of professional development/learning sessions will my district receive?

Districts will have access to district-wide Action for Healthy Kids learning sessions designed for district staff, school staff (including counselors, classroom teachers, school administrators, parents/caregivers, health education teachers, physical educators and other school staff) and families on best practices related to physical activity, nutrition and social-emotional health to build their capacity to serve as leaders in their communities. Overarching learning sessions include topics such as building and leveraging family-school partnerships, policy and best practice implementation, etc. Additionally, learning sessions in alignment with each program area include:

- ConnectEd: Topics around social-emotional health best practices and strategies to promote and enhance the ecological assets of children to build improved social-emotional competencies, support emotional health, and to build adult capacity to serve as nurturing adults in their school communities to champion positive youth development.
- EnergizEd: Topics around comprehensive school physical activity program best practices, with a specific focus on during-school physical activity outside of physical education, family engagement and staff involvement.
- NourishEd: Topics around school nutrition policies and best practices, federal school meal
 programs and requirements, increasing food access and healthy eating at school and at home,
 nutrition education, and strategies for strengthening family engagement in school nutrition
 programming.

Additionally, district-level staff will receive grant-specific learning sessions covering grant requirements and partnership expectations year by year.

General Grant Questions

What type of grants are available for 2021-2022?

- District Partnership Grants \$5,000 cash award: Through District Partnership Grants, AFHK establishes long-term partnerships with school districts and their schools that lead to lasting family-school partnerships, positive impacts on children's health in body and in mind, and sustainable, systemic enhancements across multiple program areas. AFHK partners with districts for an initial four-year period to address three program areas: ConnectEd, NourishEd and EnergizEd. Partner districts receive cash and in-kind support from AFHK throughout the partnership. The four-year value of the grant is over \$460,000 with \$65,000 as cash awards and \$400,000 of in-kind products and services.
 - District Partnership Grant + NourishEd \$20,000 cash award: AFHK has a unique opportunity for district applicants to begin work on NourishEd: Food Access and Nutrition Education in the first year of the partnership, instead of in the third year of the partnership. Instead of receiving a \$20,000 cash award in Partnership Year 3, the district will receive it in Partnership Year 1 (in addition to the Partnership Year 1 \$5,000 stipend) to enhance nutrition education and promotion, and school meal participation. Interested districts will be prompted to select this option in the grant application.
- <u>School Grants \$1,000 cash award:</u> Through School Grants, schools will be awarded a \$1,000 grant to support <u>ConnectEd</u>, <u>NourishEd</u> or <u>EnergizEd</u>. In addition to grant funds, awarded schools also receive expertise and support from AFHK staff to implement a successful project that leads to sustainable change.

How do I learn more about grant requirements and instructions for completing an application?

Visit <u>AFHK's website</u> to review the Request for Applications (RFA) and application questions: https://www.actionforhealthykids.org/school-grants-support/.

Can my school or district apply for more than one grant?

No, schools and districts are only able to apply for one grant. Exceptions will be made for schools in the El Paso, TX area that are interested in pursuing more than one area of funding.

Can more than one person access and submit an application for a school?

- District Partnership Grant: No, only one user account can start, work on and submit an application. Only school district staff can submit an application. Please make certain you are the appropriate person to begin your school's application before starting the grant application, and work collaboratively with other subject matter experts in your district to complete application questions to the best of your ability. Action for Healthy Kids recommends that you complete a paper application first with the appropriate district staff to ensure everyone can provide input on the application. The applicant will serve as the primary grant contact, receive all communications from AFHK, and responsible for all required reports. This primary grant contact can be changed at any time during the course of the grant period (email us at ContactUs@ActionforHealthyKids.org).
- School Grant: No, only one user account can start, work on and submit an application for a school. When creating an online account on the School Portal, you will be able to affiliate yourself with individual schools. Multiple users can be affiliated with a single school, but only one person can begin an application. Please make certain you are the appropriate person to begin your school's application before starting the grant application, and work collaboratively with other subject matter experts at your school to complete application questions to the best of your ability. Action for Healthy Kids recommends that you complete a paper application first with your school health team to ensure everyone can provide input on the application. The applicant will serve as the primary grant contact, receive all communications from AFHK, and responsible for all required reports. This primary grant contact can be changed at any time during the course of the grant period (email us at ContactUs@ActionforHealthyKids.org

Which schools are eligible to apply for Action for Healthy Kids school grants?

- <u>District Partnership Grant</u>: School districts in which there is demonstrated need and a lack of resources will receive priority for funding. AFHK utilizes an Equity Index to guide grant decision making, which includes metrics related to poverty, race, population density, student disabilities and per pupil expenditures, to acknowledge characteristics that may result in health and educational disparities. Additionally, districts in and around the following cities may receive priority: Fresno, Los Angeles and San Diego, CA | Denver, CO | Jacksonville, Orlando and Palm Beach County, FL | Chicago, IL | Maryland | Raleigh, NC | New York City, NY | Nashville, TN | El Paso, Dallas and Fort Worth, TX. However, all districts seeking to improve food access and nutrition education, physical activity and active play, and social-emotional health and risk behavior prevention initiatives are encouraged to apply. If you have questions about your district's eligibility or likelihood of funding, contact your AFHK State/Project Coordinator. If unsure who your designated State/Project Coordinator is, email us at ContactUs@ActionforHealthyKids.org.
- <u>School Grant</u>: Awarded schools <u>must</u> be located in the following states: CA, CT, FL, GA, IL, IN, KS, MD, MI, MN, MO, NY, OH, PA, TN, TX, VA, and WI. Schools with 74.5%+ of students eligible for free/reduced priced meals, are located near El Paso, TX or within 15 miles of an ALDI store will receive priority. Award decisions are also based on building enrollment, project type, potential

impact and reach, and a school's ability to mobilize parents and students around whole child initiatives.

Can organizations that partner with schools apply for the Action for Healthy Kids school grant program?

- <u>District Partnership Grant</u>: This is a district grant application, so only school district staff can submit an application.
- <u>School Grants</u>: Only schools, PTO/PTA or school health teams can apply for and receive school grant
 funds. If a partner organization is interested in working with schools to implement school wellness
 programs, the organization may take the lead in submitting the grant application with the approval
 of school representatives. The funds will go to the school and the school can spend them according
 to the needs of the grant.

What are the total grant funds available for each school grant and district partnership grant?

- <u>District Partnership Grant</u>: District receives a total of \$465,000 in cash grants and in-kind products and services over the four-year initial partnership period:
 - Year 1 District receives a \$5,000 cash stipend and \$100,000 of in-kind support from AFHK to accomplish Year 1 partnership expectations.
 - Year 2 District receives \$30,000 cash grant and \$100,000 of in-kind support from AFHK to accomplish Year 2 partnership expectations, including initiating implementation of ConnectEd: Social-emotional health and risk behavior prevention.
 - Year 3 District receives \$20,000 cash grant and \$100,000 of in-kind support from AFHK to accomplish Year 3 partnership expectations, including sustaining *ConnectEd* programming and initiating implementation of *NourishEd*: Food access and nutrition education and *EnergizEd*: Physical activity and active play) programming district-wide or among a cohort of schools.
 - Year 4 District receives \$10,000 cash grant and \$100,000 of in-kind support from AFHK to accomplish Year 4 partnership expectations, including sustaining implementation of ConnectEd, NourishEd and EnergizEd programming district-wide or among a cohort of schools.
 - NOTE: If districts apply for and receive the NourishEd funding in advance, the grant funds will be awarded in Year 1 instead of Year 3. In lieu of receiving \$20,000 in Year 3, districts will receive \$20,000 in Year 1 (in addition to the \$5,000 stipend) to enhance nutrition education, promotion and school meal participation.
- <u>School Grants</u>: Schools will be awarded a \$1,000 grant to support
 ConnectEd, <u>NourishEd</u> and <u>EnergizEd</u>. In addition to grant funds, awarded schools also receive
 expertise and support from AFHK staff to implement a successful project that leads to sustainable
 change.

Can grant funds be utilized as a stipend for staff members working with the grant?

No, grant funds cannot be used for staffing or administrative costs. Grant funds of "Incentives, gifts, and awards" cannot be given to a person working with the grant.

What can grant funds be used toward?

- District Partnership Grant: The \$5,000 cash stipend awarded for the District Partnership Grant can be used at the discretion of the DISTRICT in support of staff and student health and well-being. If awarded the NourishEd cash award, funds can be used towards the purchase of school meal equipment, nutrition education curriculum and experiential learning activities, incentives, learning supplies, and supplies for meetings and events. Any dollars noted in the school meal program equipment line will be awarded in the form of a credit at https://dubert@ is a leader in food merchandising, tailored solutions and quality service for food service equipment. If awarded, districts will work with Hubert® to purchase equipment within the amount allocated below. The district cannot exceed 70% of the funding allocated to school meal equipment. Funds cannot go toward staff stipends or salaries. AFHK prioritizes awarding projects where funds are allocated sustainably.
- School Grant: Funds can be used toward the purchase of program equipment and supplies, incentives, gifts and awards, evaluation, printing and copying, and supplies for meetings and events.
 AFHK prioritizes awarding projects where funds are allocated sustainably.

How often will my school or district be asked to submit grant reports during the grant?

Action for Healthy Kids encourages schools and districts to evaluate their programs throughout implementation to measure progress. Because Action for Healthy Kids owes to its funders midterm and final year reports to show progress as well, Action for Healthy Kids will ask schools to submit reports according to the following timeline:

District Partnership Grant:

Monday, April 12, 2021	Soft launch of AFHK's District Partnership Grant Application and
	associated materials
Monday, May 17, 2021	Begin accepting AFHK's District Partnership Grant Application on
	AFHK's Grant Portal
Friday, June 4, 2021	District applications due (includes school cohort information, if
	applicable)
May/June 2021	Interviews with eligible district applicants scheduled
Friday, June 25, 2021	Award notifications sent to districts
June – September 2021	Districts submit wellness policies (and other relevant policies based
	on funded program) for review
July-August 2021	Family Connectors recruited, hired and trained (one in each district)
Friday, August 13, 2021	District Contracts due, including names/contact information for
	District School Health Advisory Council.
September 2021	Family Connectors host initial workshops with families and school
	staff; families and school staff complete self-assessments related to
	current family-school partnership practices
Thursday, September 30, 2021	Schools district-wide complete beginning-of-year School Health
	Index
Thursday, September 30, 2021	School cohort completes the Year 1 School Survey (applicable only
	for districts allocating funds to specific schools within the district)

Late September 2021	Schools participate in Take Your Parent to PE Week (required for
	schools receiving funding from AFHK and encouraged for all schools
	in district)
September 2021 – May 2022	Districts and schools participate in learning sessions and receive
	ongoing technical assistance from AFHK staff and Family
	Connectors
January or February 2022	Schools participate in Active Classrooms Month
April – May 2022	A sample of schools in partner districts complete student surveys
April 25 – 29, 2022	Schools participate in Every Kid Healthy Week
April-June 2022	Family Connectors work with schools to create family-school
	partnership sustainability plans
Friday, May 27, 2022	Districts submit Final Report, including at least 5 photos/videos
Friday, May 27, 2022	School cohort submits Final Report and at least 5 photos/videos
	(applicable only for districts allocating funds to specific schools
	within the district)
Friday, May 27, 2022	Schools district-wide complete end-of-year School Health Index

School Grant:

Deadline	Description
Friday, June 4, 2021	Applications due (to be completed in the Grant Portal)
Friday, June 25, 2021	Schools notified of application status (awarded, declined) via email
Friday, August 13,	Signed Terms & Conditions, including submission of school health team
2021	contacts (to be completed in the <u>Grant Portal</u>)
Thursday, September	Beginning-of-year School Health Index (SHI) assessment (to be completed
30, 2021	in the <u>Grant Portal</u>)
Friday, December 10,	Two photos or videos for work completed between June and December 2021 (to
2021	be completed via AFHK's <u>Digital Assessment Management System</u>)
April 1, 2022	Every Kid Healthy Week event survey (tell us about the event you are hosting to celebrating your healthy school initiatives) (to be completed in the Grant Portal)
May 27, 2022	Final report to summarize work completed between June 2021 and May 2022 (to
	be completed in the <u>Grant Portal</u>)
	Three photos or videos for work completed between June 2021 and May 2022 (to
	be completed via AFHK's <u>Digital Assessment Management System</u>)

If awarded, when will I receive my funding?

Action for Healthy Kids awards grant funds in one installment after Terms & Conditions or contracts are signed. Checks are typically cut to school and districts in August each year.

What type of support does Action for Healthy Kids provide?

Action for Healthy Kids provides ongoing support to schools and districts to ensure success and sustainability of initiatives. Action for Healthy Kids support includes:

District Partnership Grant:

- A stipend of \$5,000 in support of staff and student health and well-being.
- An analysis of your Local School Wellness Policy (and other health and wellness-related policies)
 using the WellSAT tool and expert recommendations to enhance policy language strength and
 comprehensiveness.
- An analysis of school-level implementation of policies and best practices using the AFHK-modified School Health Index and expert recommendations and technical assistance to support schools in enhancing policy and best practice implementation.
- Support in creation/maintenance/expansion of a District School Health Advisory Council to improve the health of all students and families through coordinated school health programs.
- Support to schools district-wide in creation/maintenance/expansion of school-level health teams to improve the health of students and families through coordinated school health programs.
- Learning sessions and digital tools and resources for district staff, school staff and families around family-school partnerships, social-emotional health and risk behavior prevention, food access and nutrition education, physical activity and active play, and other key topics related to the Whole School, Whole Community, Whole Child (WSCC) model.
- Ongoing technical assistance from AFHK staff to support health and well-being improvements for staff and students at the district, school and family levels.
- Opportunities to share ideas and best practices with other partner districts.

School Grant:

- Grant funds to support the proposed project as outlined in the grant application.
- Support in creation/maintenance/expansion of school health teams to improve the health of all students and families through coordinated school health programs.
- Learning sessions and digital tools and resources for district staff, school staff and families around family-school partnerships, social-emotional health and risk behavior prevention, food access and nutrition education, physical activity and active play, and other key topics related to the Whole School, Whole Community, Whole Child (WSCC) model.
- Monthly newsletters with information about grant deliverables, learning session opportunities, digital tools and resources, and more.
- Ongoing technical assistance from AFHK staff to support health and well-being improvements for staff and students at the school and family levels.
- Opportunities to share ideas and best practices with other partner schools.
- Access to free resources, programs, services and special events from Active Schools (grant applicants will automatically be enrolled as an Active Schools Champions and can opt out at any time).

Grant Portal Questions and Tips

I'm having trouble logging into the Grant Portal

- Are you a new user? You will need to register and create a user profile for the Grant Portal: https://afhkschoolportal.force.com.
- Forgot your username? Your username is same as your email address identified on your profile.
- Have a login but forgot your password? Click the "forgot password" button to have a password reset link emailed to you. Note: Check your junk or clutter email in case the email is sent there.
- Didn't receive the password reset link? Email us at ContactUs@ActionforHealthyKids.org.

Tips for Application Submission:

- Make sure you complete the word document application prior to online submission so you can copy and paste online but won't lose your information if you run into an error.
- o Make sure your internet browser is up-to-date or try a different internet browser.
- Save progress frequently to avoid losing information if your system time-outs or internet goes out.
 The system will time out after 1 hour and all items will be lost. SAVE OFTEN! Best practice is to save after each page before moving to the next section.
- The error messages are automatically triggered by our system based on errors. Unfortunately, the
 asterisk/error you're receiving is correct, meaning that something in your application is missing or
 outside of our range. A few tips:
 - Check the character count. Our system will block you from submitting your application if you
 are over the allotted characters. Please be sure you are verifying the character count and
 not the word count. Characters include letters, numbers and spaces.
 - Make sure to select at least one item for any multi-select question. Hitting save and reaching an error message automatically deletes these lists so you may need to select them again.
- If you select save and you receive an error message, your application is not actually saved until you
 navigate these errors. Your application will only be saved if you are re-directed to your home page
 and find that the application says in progress.
- o Remember, click SUBMIT once all done. You'll receive a green banner showing that you have successfully submitted your grant.

Have additional questions?

If you have any additional questions about our grant opportunities, please contact your AFHK State/Project Coordinator or email ContactUs@actionforhealthykids.org.