



**Action for Healthy Kids
District Partnership Grant Request for Applications
2021-2022 School Year**

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Thank you for your interest in Action for Healthy Kids District Partnership Grant Opportunity. Please carefully review the following information about the program and application process.

Background

Action for Healthy Kids (AFHK) is pleased to release its district partnership grant opportunities for the 2021-2022 school year. School district staff apply for support for district-level policy and professional development, as well as funding and professional development for schools within the district to support curricula/programs, best practices and policy implementation, and [family-school partnerships](#) to address [social-emotional health and risk behavior prevention \(ConnectEd\)](#), [food access and nutrition education \(NourishEd\)](#), and [physical activity and active play \(EnergizEd\)](#), and provide a learning environment where students are healthy in body and mind. All grants include monetary and in-kind support from AFHK.

AFHK views our district grantees, and the schools within them, as partners. These partnerships are designed to be long-term relationships that lead to lasting family-school partnerships, positive impacts on children's health in body and in mind, and sustainable, systemic enhancements across multiple program areas. AFHK will partner with districts for an initial four-year period to address three program areas ([ConnectEd](#), [NourishEd](#) and [EnergizEd](#)) based on the availability of continued funding from AFHK and the district's need for continued program support. Partnerships may extend beyond four years, as additional funding and need are determined. Awarded districts will be expected to formally commit to a partnership (via signed Contract) for the initial four-year period (with an opportunity for either party to opt out at the end of each year, if necessary). At the end of each school year, the district will be required develop an action plan and budget for the following school year, and AFHK will provide approval to continue working together.

Schedule of funding and support over the course of four years:

- District receives a total of \$465,000 in cash grants and in-kind support over the four-year initial partnership period:

- Year 1 – District receives a \$5,000 cash stipend and \$100,000 of in-kind support from AFHK to accomplish Year 1 partnership expectations.
- Year 2 – District receives a \$20,000 - 30,000 cash grant and \$100,000 of in-kind support from AFHK to accomplish Year 2 partnership expectations, including initiating implementation of *ConnectEd*: Social-emotional health and risk behavior prevention.
- Year 3 – District receives a \$20,000 - 30,000 cash grant and \$100,000 of in-kind support from AFHK to accomplish Year 3 partnership expectations, including sustaining *ConnectEd* programming and initiating implementation of *NourishEd*: Food access and nutrition education and *EnergizEd*: Physical activity and active play) programming district-wide or among a cohort of schools.
- Year 4 – District receives a \$10,000 - \$15,000 cash grant and \$100,000 of in-kind support from AFHK to accomplish Year 4 partnership expectations, including sustaining implementation of *ConnectEd*, *NourishEd* and *EnergizEd* programming district-wide or among a cohort of schools.

During the 2021-2022 school year, AFHK has a unique opportunity for partner districts to begin working on *NourishEd*: Food Access and Nutrition Education in Year 1 instead of Year 3. In lieu of receiving \$20,000 in Year 3, districts will receive \$20,000 in Year 1 (in addition to the \$5,000 stipend) to enhance nutrition education, promotion and school meal participation. [Learn more.](#)

Program Areas

- **[ConnectEd](#)**: AFHK's *ConnectEd*: Social-emotional Health and Risk Behavior Prevention program combines age-appropriate CASEL-aligned social emotional learning and risk behavior prevention curriculum instruction with experiential learning through mindfulness awareness practices (PK-5) and/or restorative practices (6-12) to improve knowledge and application of social-emotional learning competencies (self-awareness, self-management, responsible decision-making, social awareness and relationship skills). Districts awarded with funds will implement experiential learning and social-emotional learning and risk behavior prevention curriculum district-wide.
- **[NourishEd](#)**: AFHK's *NourishEd*: Food Access and Nutrition Education program increases the demand for healthy food among families, students and schools through nutrition education and promotion, as well as improve the supply of healthy food for kids in schools by increasing school meal program participation. Districts awarded with funds will start or enhance federal school meal programs and implement nutrition education district-wide.
- **[EnergizEd](#)**: AFHK's *EnergizEd*: Physical Activity and Active Play program builds the capacity of schools to implement physical activity opportunities during the school day (outside of physical education) to ensure children receive the recommended 60 minutes of moderate-to-vigorous intensity physical activity daily. Districts awarded with funds will implement classroom physical activity, active/sensory hallways and/or active recess district-wide.

All program areas include technical assistance around policy enhancements at the district level, and professional development and support for family-school partnerships at the district and school levels.

What are Family-School Partnerships?

[Family-School partnerships](#) bring together district leaders, school staff, and families to identify barriers to family engagement and specific child health needs, then work together to develop, implement, and evaluate effective and equitable solutions. When school staff, families, and community members work together to create healthy, safe, and supportive learning environments for their children, academic achievement and educational equity are improved immensely. Action for Healthy Kids functions with

Family-School partnerships at the center of our work because we know that childhood healthy habits and lifestyles are driven by the adults and environments in which our children are raised. Developing family-school partnerships is the foundation of AFHK programming and a required component of the AFHK-district partnership.

In each partner district, AFHK will hire a Family Connector to support the development of effective family-school partnerships across the district, and to provide additional in-depth support for up to 5 schools each year through learning sessions and ongoing coaching for parents/caregivers and school staff. Family Connectors are trusted parents/caregivers serving the communities where they live and trained to bring together parents/caregivers and school staff to develop effective and sustainable family-school partnerships that support kids' health. [Learn more about the Family Connector role.](#)

District Eligibility

AFHK believes zip code should not determine a child's health or educational outcomes. Therefore, school districts in which there is demonstrated need and a lack of resources will receive priority for funding. AFHK utilizes an equity index to guide grant decision making, which includes metrics related to poverty, race, population density, student disabilities and per pupil expenditures, to acknowledge characteristics that may result in health and educational disparities.

School districts located in the following states are eligible to apply: CA, CO, FL, IL, NC, NY, PA, TN, TX and WI. If you are located outside of these states, but want to be considered for funding, email us at ContactUs@ActionforHealthyKids.org.

School districts located in or near the following cities will receive priority: Fresno, Los Angeles, San Diego and Vernon, CA | Denver and Fort Morgan, CO | Jacksonville, Orlando and Palm Beach County, FL | Chicago, IL | Raleigh, NC | New York City, NY | Hazleton, PA | Nashville, TN | El Paso, Dallas, Fort Worth and Round Rock, TX.

If you have questions about your district's eligibility or likelihood of funding, contact your AFHK [State/Project Coordinator](#). If unsure who your designated State or Project Coordinator is, email us at ContactUs@ActionforHealthyKids.org.

Partnership Deliverables

AFHK requires the following collaborative efforts as part of this grant funding. See the [Appendix](#) for a complete list of programmatic and reporting deliverables, including relevant deadlines.

Year 1 (2021-2022 School Year)

- **District and School Teams:**
 - Develop, expand or maintain a district team of at least five (5) people to participate in monthly meetings with your designated AFHK [State/Project Coordinator](#).
 - Work with all schools in the district to develop, expand or maintain a representative 5-member school health team.
- **Policy:**
 - Share health and wellness-related policies with AFHK for review and analysis.
 - Work with AFHK to develop an action plan to improve existing policies based on AFHK's review and analysis.

- **School Assessment:**
 - Work to ensure at least 75% of schools in the district complete AFHK's School Health Index at pre/post to determine baseline alignment with policy and use of best practices. AFHK will provide school-level data to the district and an aggregate report summarizing the results.
- **Family-School Partnerships:**
 - Work with AFHK to identify schools that have a need for in-depth support to facilitate sustainable family-school partnerships. Each partner district will receive a Family Connector, who will work with up to 5 schools each year to provide this additional support through learning sessions and ongoing coaching for parents/caregivers and school staff.
- **Professional Learning:**
 - Promote required learning sessions to parents/caregivers, schools and districts. Learning sessions will cover topics such grant partnership expectations, District School Health Advisory Councils, family-school partnerships and Whole School, Whole Community, Whole Child policy and best practices.

Years 2-4

- Continue deliverables as outlined in Year 1
- In Year 2, implement *ConnectEd*: Social-emotional health and risk behavior prevention programming:
 - Implement Action for Healthy Kids' CASEL-aligned, evidence-based PK-12 *ConnectEd* classroom curriculum (to be developed in 2021) in schools district-wide to impact at least one of the following:
 - Increase in student self-awareness
 - Increase in student self-management
 - Increase in student social awareness
 - Increase in student relationship skills
 - Increase in student responsible decision making
 - Implement experiential learning initiatives in schools district-wide that demonstrate mindful awareness practices (MAPs) (PK-5) and/or restorative practices (6-12) to promote the application of self-awareness, self-management, responsible decision-making, social awareness and/or relationship skills.
- In Year 3,
 - Continue to implement *ConnectEd*: Social-emotional health and risk behavior prevention programming (as outlined above)
 - Implement *NourishEd*: Food access and nutrition education programming:
 - In grades PK-8: Implement an evidence-based nutrition education classroom curriculum in schools district-wide.
 - In grades 9-12: Implement nutrition education/healthy eating topics as part of health education in schools district-wide.
 - Implement at least one experiential learning initiative to expand nutrition education outside of the classroom curriculum in schools district-wide.
 - Enhance an existing federal school meal program OR implement one (1) new federal school meal program in grades PK-12, such as alternative school breakfast (e.g. breakfast in the classroom, grab and go to the classroom), school lunch, after school meals, or summer meal programming to increase Average Daily Participation (ADP) in federal school meals in schools district-wide.

- Implement *EnergizEd*: Physical activity and active play programming:
 - Implement at least one during-school physical activity initiative (outside of physical education) in schools district-wide:

Physical Activity Initiatives
• Classroom Physical Activity
• Sensory/Active Hallways
• Recess (PK-8)

Funding Advance Opportunity 2021-2022 School Year

Districts applying for partnership with AFHK have an opportunity to receive *NourishEd* funding in Year 1 instead of Year 3. Eligible and interested districts can apply for this advanced funding when prompted to answer additional questions on the grant application.

Advance Funding Opportunity: \$20,000 *NourishEd* Grant

- **District Eligibility:** See [District Eligibility](#) section.
- **Grant Description:** AFHK’s *NourishEd*: Food Access and Nutrition Education program increases the demand for healthy food among families, students and schools through nutrition education and promotion, as well as improve the supply of healthy food for kids in schools by increasing school meal program participation. Districts awarded with funds will start or enhance federal school meal programs and implement nutrition education in schools district-wide.
- **Award Amount:** In addition to the \$5,000 stipend received as part of the Year 1 partnership, district receives \$20,000 cash grant to allocate toward a specific cohort of schools, and \$100,000 of in-kind support from AFHK, resulting in a total grant award of \$125,000.
 - In the application, AFHK will ask districts to specify how much of their \$20,000 will be used toward meal equipment (the district can spend up to 70% of the \$20,000 (\$14,000) on school meal program equipment). If awarded, the amount specified for school meal program equipment in the grant application budget will come in the form of a credit with AFHK’s partner, [Hubert®](#). Hubert® is a leader in food merchandising, tailored solutions and quality service for food service equipment.
- **Partnership Expectations:** In addition to the Year 1 partnership expectations listed above, districts will be asked to:
 - In grades PK-8: Implement an evidence-based nutrition education classroom curriculum in schools district-wide.
 - In grades 9-12: Implement nutrition education/healthy eating topics as part of health education in schools district-wide.
 - Implement at least one experiential learning initiative to expand nutrition education outside of the classroom curriculum in schools district-wide.
 - Enhance an existing federal school meal program OR implement one (1) new federal school meal program in grades PK-12, such as alternative school breakfast (e.g. breakfast in the classroom, grab and go to the classroom), school lunch, after school meals, or summer meal programming to increase Average Daily Participation (ADP) in federal school meals in schools district-wide.

Expected *NourishEd* Program Outcomes:

- Increase at least one of the following for students:
 - Nutrition education minutes; and/or
 - Percentage of students participating in nutrition education and promotion programming initiatives.
- Increase student knowledge, attitudes and behaviors related to healthy eating.
- Improve student self-awareness, self-management, social awareness, relationship skills and/or responsible decision making as a result of making the connection between nutrition and social-emotional learning.
- An increase in average daily participation (ADP) in the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program (at-risk meals and snacks) or Summer Food Service Program/Seamless Summer Option.
- Increase implementation of comprehensive nutrition education and promotion best practices, including engaging parents/caregivers at various levels (e.g. leadership roles, volunteer opportunities, information sharing), as measured by AFHK's School Health Index.

To apply for this additional funding opportunity, simply answer the questions when prompted on the application via AFHK's [Grant Portal](#).

Application Instructions

- This is a district grant application, so only district-level staff can start and submit an application. Your designated AFHK [State/Project Coordinator](#) is available to help you navigate the application process. If unsure who your designated State or Project Coordinator is, email us at ContactUs@ActionforHealthyKids.org.
- Districts applying are expected to seek out and incorporate parent/caregiver input on the design and development of projects during the application process.
- If also applying for the *NourishEd* funding opportunity, districts will be asked allocate the cash grant to a specific cohort of schools that would benefit from financial support. These selected schools must have 74.5% or more students qualifying for free or reduced-price meals.
- Additionally, in a cohort of schools within the funded district, AFHK will provide in-depth support to improve collaboration among parents/caregivers and school staff by facilitating sustainable family-school partnerships that work to identify and overcome challenges that prevent or hinder some parents/caregivers from getting involved with the school. AFHK will seek recommendations from district staff on schools within the district that are in need of and ready for this in-depth support. [Learn more about the Family Connector role](#).

Steps to Apply

1. Districts complete a grant application via AFHK's [Grant Portal](#).
2. After submission, district applicants that are being considered for a grant will be contacted by AFHK staff to set up an informational 30-minute interview to learn more about district needs and project plans, and answer questions about partnering together.

Summary of Key Dates

Year 1 (2021-2022) of AFHK-District Partnership

(For districts **not** receiving *NourishEd* cash award)

Monday, April 19, 2021	Soft launch of application and associated materials.
Monday, May 24, 2021	Begin accepting applications on AFHK's Grant Portal.
Friday, June 4, 2021	Applications due.
May/June 2021	Interviews with eligible district applicants scheduled.
Friday, June 25, 2021	Award notifications sent to districts (declined, awarded).
July-August 2021	Family Connectors recruited, hired and trained (one in each district). If support is needed, district supports AFHK in identifying potential Family Connector(s).
Friday, August 13, 2021	District Contracts due, including names/contact information for District School Health Advisory Council.
Friday, August 13, 2021	Districts submit wellness policies (and other relevant policies based on funded program) for review.
September 2021	Family Connectors host initial workshops with families and school staff; families and school staff complete self-assessments related to current family-school partnership practices.
Thursday, September 30, 2021	Schools district-wide complete beginning-of-year School Health Index.
Late September 2021	Schools district-wide participate in Take Your Parent to PE Week.
September 2021 – May 2022	Districts and schools district-wide participate in learning sessions and receive ongoing technical assistance from AFHK staff and Family Connectors.
January or February 2022	Schools district-wide participate in Active Classrooms Month.
Friday, April 1, 2022	Schools district-wide submit their Every Kid Healthy Week event survey.
March – April 2022	Districts work with AFHK to coordinate stakeholder focus groups with district-level staff.
April – May 2022	A sample of schools in partner districts complete student surveys.
April – May 2022	A sample of schools in partner districts complete family surveys.
Friday, April 1, 2022	Schools submit their Every Kid Healthy Week event survey.
April 25 – 29, 2022	Schools district-wide participate in Every Kid Healthy Week
April – June 2022	Family Connectors work with schools to create family-school partnership sustainability plans.
Friday, May 27, 2022	District submits Final Report, including at least 5 photos/videos.
Friday, May 27, 2022	Schools district-wide complete the Year 2 School Survey.
Friday, May 27, 2022	Schools district-wide complete end-of-year School Health Index.

Year 1 (2021-2022) of AFHK-District Partnership

(For districts receiving NourishEd cash award)

Monday, April 19, 2021	Soft launch of application and associated materials.
Monday, May 24, 2021	Begin accepting applications on AFHK's Grant Portal.
Friday, June 4, 2021	Applications due.
May/June 2021	Interviews with eligible district applicants scheduled.
Friday, June 25, 2021	Award notifications sent to districts (declined, awarded).

July-August 2021	Family Connectors recruited, hired and trained (one in each district). If support is needed, district supports AFHK in identifying potential Family Connector(s).
Friday, August 13, 2021	District Contracts due, including names/contact information for District School Health Advisory Council.
Friday, August 13, 2021	Districts submit wellness policies (and other relevant policies based on funded program) for review.
September 2021	Family Connectors host initial workshops with families and school staff; families and school staff complete self-assessments related to current family-school partnership practices.
Thursday, September 30, 2021	Schools district-wide complete beginning-of-year School Health Index.
Late September 2021	Schools district-wide participate in Take Your Parent to PE Week.
September 2021 – May 2022	Districts and schools district-wide participate in learning sessions and receive ongoing technical assistance from AFHK staff and Family Connectors.
September 2021- May 2022	Districts submit nutrition education and ADP monthly tracking for school cohort.
Friday, October 15, 2021	A sample of schools in partner districts complete student surveys.
Friday, October 15, 2021	Schools district-wide complete the Year 1 School Survey (including schools included in the school cohort).
January or February 2022	Schools district-wide participate in Active Classrooms Month.
Friday, April 1, 2022	Schools district-wide submit their Every Kid Healthy Week event survey.
March – April 2022	Districts work with AFHK to coordinate stakeholder focus groups with district-level staff.
April – May 2022	A sample of schools in partner districts complete student surveys.
April – May 2022	A sample of schools in partner districts complete family surveys.
Friday, April 1, 2022	Schools submit their Every Kid Healthy Week event survey.
April 25 – 29, 2022	Schools district-wide participate in Every Kid Healthy Week.
April – June 2022	Family Connectors work with schools to create family-school partnership sustainability plans.
Friday, May 27, 2022	District submits Final Report, including at least 20 photos/videos.
Friday, May 27, 2022	Schools district-wide complete the Year 2 School Survey (including schools included in the school cohort).
Friday, May 27, 2022	Schools district-wide complete end-of-year School Health Index.

Contact Information

Your AFHK State or Project Coordinator is available to help you navigate the application process. [See this resource](#) for who to contact based on your location. If unsure who your designated State or Project Coordinator is, email us at ContactUs@ActionforHealthyKids.org.

If you have questions about AFHK's program areas, contact:

- Ashley Green – AGreen@ActionforHealthyKids.org – *ConnectEd* (Social-Emotional Health)
- Brean Witmer – BWitmer@ActionforHealthyKids.org – *ConnectEd* (Risk Behavior Prevention)

- Grace Perry – GPerry@ActionforHealthyKids.org – *NourishEd*: Food Access and Nutrition Education
- Heidi Milby – HMilby@ActionforHealthyKids.org – *EnergizEd*: Physical Activity and Active Play

For general questions, contact us at ContactUs@ActionforHealthyKids.org.

Appendix

See below for a full list of programmatic and evaluation deliverables for each year of the partnership.

AFHK requires the following collaborative efforts as part of this grant funding:

Year 1 (2021-2022 School Year)

- Commit to working with AFHK for an initial four-year partnership period, based on the availability of continued funding from AFHK and the district's need for continued program support.
- Designate a primary district-level staff person to be the point of contact for AFHK, as well as relevant district-level staff that oversee food access and nutrition education, physical activity, social-emotional health and family-school partnerships.
- Identify a district team of at least five (5) people to participate in monthly meetings with your designated AFHK [State/Project Coordinator](#) (this could be an existing District School Health Advisory Council and must include the primary points of contact identified as part of this grant). Include these contact names/individuals on your signed Contract (via DocuSign).
- Work with all schools in the district to develop, expand or maintain a 5-member school health team that includes representation from each program area (nutrition, physical activity, social-emotional health and family-school partnerships) and at least one parent/caregiver, meets 4+ times per year, and is focused on increasing best practices.
- Share your Local School Wellness Policy (LSWP) (and other relevant nutrition, physical activity, family engagement, staff wellness and social-emotional health-related policies) with AFHK for review by August 13, 2021. *Note: If current version of LSWP and/or supporting policies are scheduled for review and updating Summer 2021, policies will be accepted by AFHK up through September 30, 2021 to allow for the most current policy to be submitted for evaluation.*
- Work with AFHK to develop an action plan to improve existing policies around nutrition, physical activity, social-emotional health and risk behavior prevention, staff wellness and family engagement based on recommendations from the district's WellSAT analysis.
- Work to ensure at least 75% of schools in the district complete AFHK's School Health Index by September 30, 2021 to determine baseline alignment with policy and use of best practices. AFHK will provide school-level data to the district and an aggregate report summarizing the results.
- Work to ensure at least 75% of schools in the district complete AFHK's School Health Index by May 27, 2022 to determine alignment with policy and use of best practices after Year 1. AFHK will provide school-level data to the district and an aggregate report summarizing the results. *Note: Though schools submit the SHI twice during Year 1 of the partnership, schools will only have to complete the School Health Index once per year during Years 2-4 of the partnership.*
- Engage parents/caregivers in the design, implementation and evaluation of programming, including seeking parent/caregiver input during the application process, providing opportunities

for ongoing parent/caregiver feedback and involvement, sharing information with parents/caregivers about the status of the work, and ultimately creating a culture where proactive parent/caregiver involvement is expected as the norm.

- Work with AFHK to identify schools that have a need for in-depth support to facilitate sustainable family-school partnerships. Each partner district will receive a Family Connector, who will work with up to 5 schools each year to provide this additional support through learning sessions and ongoing coaching for parents/caregivers and school staff.
- Work with Family Connector to recruit parents/caregivers to serve on a representative, district-level Parent Advisory Council (PAC) or join District School Health Advisory Council (SHAC)
 - Promote required learning session for parents/caregivers serving on the PAC/SHAC to cover district policy, roles and responsibilities, resources available, etc.
- Ensure at least one (1) District School Health Advisory Council member (and encourage all District Health Advisory Council Members) attends five (5) district-level learning sessions focused on topics including grant partnership expectations, District School Health Advisory Councils, family-school partnerships and Whole School, Whole Community, Whole Child policy and best practices.
- Promote required school-level learning sessions and ensure participation by at least one school representative (and at least one family representative, where applicable) from each school within the district.
- Promote required family-level learning sessions to all schools within the district.
- Promote additional, monthly, optional learning sessions to all schools within the district.
- Promote school and family participation across the district in:
 - [Take Your Parent to PE Week](#) in September
 - [Active Classrooms Month](#) in January/February
 - [Every Kid Healthy Week](#) in April
- Annually, support grant evaluation protocol, to include:
 - March/April: Work with AFHK to coordinate stakeholder focus groups with district-level staff.
 - April/May: Work with AFHK to administer and promote AFHK family surveys in a sample of schools.
 - April/May: Work with AFHK to administer AFHK student surveys in a sample of schools.
 - May: Promote annual survey to all schools within the district to submit by May, to share school-level implementation updates.
 - May: Submit district grant final report and at least 5 photos/videos by Friday, May 22, 2022 to share district-level successes.
- Work with AFHK to support the writing of a success story.

Years 2-4

- Continue to commit to working with AFHK for the remainder of the initial four-year partnership period, based on the availability of continued funding from AFHK and the district's need for continued program support.
- Annually, update grant contacts (if needed) to include primary district-level staff person to be the point of contact for AFHK, as well as relevant district-level staff that oversee food access and nutrition education, physical activity, social-emotional health and family-school partnerships.
- Annually expand or maintain district team of at least five (5) people to participate in monthly meetings with your designated AFHK [State/Project Coordinator](#).

- Continue to work with all schools in the district to expand or maintain a 5-member school health team that includes at representation from each program area (nutrition, physical activity, social-emotional health and family-school partnerships) and least one parent/caregiver, meets 4+ times per year, and is focused on increasing best practices.
- Continue to engage parents/caregivers in the design, implementation and evaluation of programming, including seeking parent/caregiver input during the application process, providing opportunities for ongoing parent/caregiver feedback and involvement, sharing information with parents/caregivers about the status of the work, and ultimately creating a culture where proactive parent/caregiver involvement is expected as the norm.
- Update or continue to work with AFHK to implement the policy improvement action plan created in Year 1 to improve existing policies around nutrition, physical activity, social-emotional health and risk behavior prevention, staff wellness and family engagement based on recommendations from the district's WellSAT analysis.
- Annually, work to ensure at least 75% of schools in the district complete AFHK's School Health Index by the end of May to determine alignment with policy and use of best practices. AFHK will provide school-level data to the district and an aggregate report summarizing the results.
- Work with AFHK to support writing of a success story.
- Promote school and family participation across the district in:
 - [Take Your Parent to PE Week](#) in September
 - [Active Classrooms Month](#) in January/February
 - [Every Kid Healthy Week](#) in April
- If not already a member, join and participate as an active member in the [National School District Wellness Coalition](#).
- Ensure at least one (1) District School Health Advisory Council member (and encourage all District Health Advisory Council Members) attends one (1) district-level learning session on annual grant deliverables.
- Promote required school-level learning sessions and ensure participation by at least one school representative (and at least one family representative, where applicable) from each school within the district.
- Promote required family-level learning sessions to all schools within the district.
- Promote additional, monthly, optional learning sessions to all schools within the district.
- Continue to work with AFHK to identify schools that have a need for in-depth support to build sustainable family-school partnerships and would benefit from an AFHK Family Connector.
- Annually, support grant evaluation protocol, to include:
 - Promote annual survey to all schools within the district to submit in May in Years 2-4, to share school-level implementation updates.
 - Submit district grant final report and at least 20 photos/videos in May each year to share district-level successes.
 - Work with AFHK to administer and promote AFHK student surveys in a sample of schools during April-May each school year.
 - Work with AFHK to administer and promote AFHK family surveys in a sample of schools during April-May each school year.
 - Work with AFHK to coordinate stakeholder focus groups with varying audiences in March-April of each school year.
- In Year 4, re-share your Local School Wellness Policy (LSWP) (and other relevant nutrition, physical activity, family engagement and social-emotional health-related policies) with AFHK for

a final review to analyze changes and improvements made throughout the four-year partnership.

- In Year 2, implement *ConnectEd*: Social-emotional health and risk behavior prevention programming:
 - Implement Action for Healthy Kids' CASEL-aligned, evidence-based PK-12 *ConnectEd* classroom curriculum (to be developed in 2021) in schools district-wide to impact at least one of the following:
 - Increase in student self-awareness
 - Increase in student self-management
 - Increase in student social awareness
 - Increase in student relationship skills
 - Increase in student responsible decision making
 - Implement experiential learning initiatives in schools district-wide that demonstrate mindful awareness practices (MAPs) (PK-5) and/or restorative practices (6-12) to promote the application of self-awareness, self-management, responsible decision-making, social awareness and/or relationship skills.

Expected *ConnectEd* Program Outcomes:

- Increase student participation in age-appropriate social-emotional health activities and programming.
- Improve student self-awareness, self-management, social awareness, relationships skills and/or responsible decision-making.
- Increase implementation of comprehensive social-emotional health and risk behavior prevention best practices, including engaging parents/caregivers at various levels (e.g. leadership roles, volunteer opportunities, information sharing), as measured by AFHK's School Health Index.

- In Year 3,
 - Continue to implement *ConnectEd*: Social-emotional health and risk behavior prevention programming (as outlined above)
 - Implement *NourishEd*: Food access and nutrition education programming:
 - In grades PK-8: Implement an evidence-based nutrition education classroom curriculum in schools district-wide.
 - In grades 9-12: Implement nutrition education/healthy eating topics as part of health education in schools district-wide.
 - Implement at least one experiential learning initiative to expand nutrition education outside of the classroom curriculum in schools district-wide.
 - Enhance an existing federal school meal program OR implement one (1) new federal school meal program in grades PK-12, such as alternative school breakfast (e.g. breakfast in the classroom, grab and go to the classroom), school lunch, after school meals, or summer meal programming to increase Average Daily Participation (ADP) in federal school meals in schools district-wide.

Expected *NourishEd* Program Outcomes:

- Increase student participation in nutrition education and promotion programming.
- Increase knowledge, attitudes and behaviors related to healthy eating.

- Improve student self-awareness, self-management, social awareness, relationship skills and/or responsible decision making as a result of making the connection between nutrition and social-emotional learning.
- An increase in average daily participation (ADP) in the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program (at-risk meals and snacks) or Summer Food Service Program/Seamless Summer Option.
- Increase nutrition best practice implementation, including engaging parents/caregivers at various levels (e.g. leadership roles, volunteer opportunities, information sharing), as measured by AFHK’s School Health Index.
- Implement *EnergizEd*: Physical activity and active play programming:
 - Implement at least one during-school physical activity initiative (outside of physical education) in schools district-wide:

Physical Activity Initiatives
<ul style="list-style-type: none"> • Classroom Physical Activity
<ul style="list-style-type: none"> • Sensory/Active Hallways
<ul style="list-style-type: none"> • Recess (PK-8)

Expected *EnergizEd* Program Impacts:

- Physical activity minutes (to at least 30 minutes during school outside of physical education); the percentage of students participating in physical activity initiatives, and/or the percentage of time students engage in moderate-to-vigorous physical activity.
- Improve student self-awareness, self-management, social awareness, relationship skills and/or responsible decision making as a result of making the connection between physical activity and social-emotional learning.
- Increase implementation of comprehensive school physical activity practices, including engaging parents/caregivers at various levels (e.g. leadership roles, volunteer opportunities, information sharing), as measured by AFHK’s School Health Index.