



Celebrate Every Kid Healthy Week!

Please join us for:

Activities will include:

Questions? Contact:

EVERY KID HEALTHY WEEK 2021 SCHEDULE

APRIL 26 MINDFUL MONDAY	APRIL 27 TASTY TUESDAY	APRIL 28 WELLNESS WEDNESDAY	APRIL 29 THOUGHTFUL THURSDAY	APRIL 30 FITNESS FRIDAY
CHILD HEALTH FOCUS				
Social Emotional Health	Nutrition and Food Access	Self-care Strategies	Connectedness, Relationship Skills, Social Awareness	Physical Activity and Active play

ACTION FOR
HEALTHY
KIDS