AFHK School Health Index

Common Challenges and Actions to Advance Your Score!
Common Challenges

• No school health team or challenges coordinating meetings
• Teams that lack representation
• Challenges with maintaining a positive school climate
Actions to Advance Your Score

» Gathering a representative school health team is the first step.
  • Use the WSCC model to ensure all champions are at the table.
    • Resource: Gather Your Team (Action for Healthy Kids)
    • Resource: Building Representative School Health Teams (Action for Healthy Kids)

» Organize meetings in a way that fosters an inclusive environment and supports the needs of members.
  • Resource: Guide to Leading School Health Team Meetings (Action for Healthy Kids)

» Seek out small improvements you can make to foster a positive school climate and build from there.
  • Establish an expectation that staff members to greet each student by name
  • Expect staff members to encourage students to ask for help when needed
  • Expect staff members to take timely action to solve problems reported by students or parents
  • Expect staff members to praise positive student behavior to students and their parents
Start small & celebrate success along the way!
Next Steps

» If you haven’t already, gather or build your team.
  • Resource: https://www.actionforhealthykids.org/step-1/

» Complete the School Health Index in the Action for Healthy Kids School Portal with your school health team.
  • Resource: https://www.actionforhealthykids.org/school-health-index/

» Use your results to develop an action plan. Identify strengths to build off and focus in on your areas of opportunity.
  • Resource: https://www.actionforhealthykids.org/step-3/
Resources and Support

• Digital Tools and Resources
• Healthy Kids Blog
• Events and Learning Opportunities

... and more!

Visit actionforhealthykids.org or email us at contactus@actionforhealthykids.org!
We are here to support you!
Reach out to contactus@actionforhealthykids.org for support!