Section 1: Contact Information

1. Applicant Contact Information
   - Name:
   - Role (Select one):
     - Parent
     - School Professional-Teacher
     - Community Member
     - School Professional-P.E. Teacher
     - Health Professional
     - School Professional-Nurse/Health Aid
     - Community Based/Nonprofit Organization Staff
     - School Professional-Food Service
     - Student
     - School Professional-Higher Ed
     - Government Official/Agency Staff
     - School Professional-Administrator
     - School Professional-Board Member
     - School Professional-Other
     - None of the Above
   - Phone Number:
   - Primary Email:
   - Alternate Email:
   - Free and Reduced % (if CEP, enter 100):

2. Provide contact information for the following individuals. By providing their names and emails, you are indicating their support for the project.
   - Name of Principal/Administrator
   - Email
   - Name of Physical Education Teacher
   - Email
   - Name of School Nutrition Manager
   - Email

Section 2: Project Details

Physical Activity Initiative:

3. What is the physical activity project you are interested in implementing at your school? Please describe in detail. (2000 characters)

4. What is the physical activity strategy you expect to incorporate into your project throughout the year? (select one)
   - Outdoor Active Recess
   - Indoor Active Recess
   - Play Space and Gymnasium Refurbishing
• Physical Education Equipment
• Brain Breaks/Classroom Physical Activity
• Before-School Programming
• After-School Programming
• Fitness Assessment/Testing
• Walk/Bike to School
• Other (Please specify)

5. What will be the impact(s) of your physical activity initiative? (Select all that apply)
   • Increase average daily physical activity minutes for students
   • Increase number of students participating in physical activity initiatives
   • Increase amount of time students engage in moderate-to-vigorous physical activity
   • None or other

6. How do you anticipate your proposed project will lead to the chosen impact(s)? (2000 characters)

7. Enter the average number of physical activity minutes received per day for the majority of students at your school for each of the following initiatives.

<table>
<thead>
<tr>
<th>Initiative</th>
<th>Number of Minutes per Day</th>
<th>Number of Days per Week</th>
<th>Percentage of Students Participating</th>
<th>Percentage of Time Students Engage in Moderate-to-Vigorous Physical Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Education</td>
<td></td>
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</tr>
<tr>
<td>Recess</td>
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<tr>
<td>Classroom Physical Activity Breaks</td>
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<tr>
<td>Before/After School Activities</td>
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<tr>
<td>Walk/Bike to School Activities</td>
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</tr>
</tbody>
</table>

8. During a typical school year, how many times does your school health team meet?
   • 4 or more times
   • 3 times
   • 2 times
   • 1 time
   • 0 times
   • Our school does not have a school health team.
9. Which of the following groups are represented on your school health team? (Select all that apply)
   - Administrators
   - Food Service Staff
   - School Health Professionals
   - Physical Education Teachers
   - Other Teachers
   - Students
   - Parents/Family Members
   - Community Partners
   - Our school does not have a school health team
   - Other (Please specify)

10. Please select at least one of the following impacts as a result of your school’s proposed physical activity programming: (Please click here to learn more about SEL impacts through physical activity)
   - Increase in student self-awareness
   - Increase in student self-management
   - Increase in student social awareness
   - Increase in student relationship skills
   - Increase in student responsible decision making

11. Please include any significant dates for a timeline of your project. (2000 characters)

12. Once the grant term is over, describe how you will ensure that grant efforts and success will be sustained. (1000 characters)

13. Describe other funding your school has received (or applied for) to address nutrition or physical activity. (500 characters)

Section 3: Budget

14. How will you use the $1,000 if your project is accepted? Please itemize the grant funds in the space provided. (2000 characters)

Section 4: Other Information

15. How did you first hear about the Action for Healthy Kids schools grant opportunity? (Select one)
   - My school previously received a grant from Action for Healthy Kids
   - Action for Healthy Kids’ website
   - Social media
   - AFHK emails/newsletters
   - Action for Healthy Kids State Coordinator
   - AFHK Parent Ambassador
   - Partner website or communications (e.g., USDA, FRAC, Shape America, Let’s Move, etc.)
   - CSX Employee Referral
   - Saputo Employee Referral
   - Materne GoGo squeeZ Employee Referral
   - Cargill Employee Referral
   - Aldi Employee Referral
   - Other Employee Referral (Please specify)
   - Media (e.g. news article, blog)
• Other (Please specify)

Please proceed to the Action for Healthy Kids School Portal to submit your application online. Questions? Please contact your State Coordinator or email Contactus@ActionforHealthyKids.org.