



**2020-2021 Action for Healthy Kids  
\$2500 Game On Grant- Nutrition  
Application for Funds – Due Friday, May 1, 2020**

Please refer to the [Game On application instructions](#) for an outline on the steps to submitting an application and a more detailed description of the application requirements.

**Section 1: Contact Information**

---

1. Applicant Contact Information

- Name:
- Role (Select one):

Parent	School Professional-Teacher
Community Member	School Professional-P.E. Teacher
Health Professional	School Professional-Nurse/Health Aid
Community Based/Nonprofit Organization Staff	School Professional-Food Service
Student	School Professional-Higher Ed
Government Official/Agency Staff	School Professional-Administrator
School Professional-Board Member	School Professional-Other
	None of the Above

- Phone Number:
- Primary Email:
- Alternate Email:
- Free and Reduced % (if CEP, enter 100):

2. Provide contact information for your school’s principal/administrator. By providing their name and email, you are indicating their support for the project.

- Name of Principal/Administrator
- Email

3. During a typical school year, how many times does your school health team meet?

- 4 or more times
- 3 times
- 2 times
- 1 time
- 0 times
- Our school does not have a school health team.

4. Which of the following groups are represented on your school health team? (Select all that apply)

- Administrators
- Food Service Staff
- School Health Professionals
- Physical Education Teachers
- Other Teachers
- Students
- Parents/Family Members

- Community Partners
- Our school does not have a school health team
- Other (Please specify)

## **Section 2: Current Nutrition Practice**

---

- Does your school currently offer evidence-based nutrition education curriculum instruction?
  - No
  - Yes
- If you answered yes to the previous question, please tell us what type of curriculum your school uses and how it is used in your school. (If you answered no, please type N/A)
- Who is providing the nutrition curriculum instruction for the nutrition education curriculum your school is currently using?
  - Classroom teacher(s)
  - Health Teacher
  - Nurse
  - PE Teacher
  - Other (please specify)
  - We are not using a nutrition education curriculum currently
- Currently, how many minutes per year of classroom nutrition education instruction is provided to students by grade level? Please enter the number of lessons taught during the school year, the average length of each lesson **in minutes** and percentage of students participating in those lessons for each grade level.

	# of lessons	Average length of lesson in minutes	% of students participating
PreK			
K			
1			
2			
3			
4			
5			
6			
7			
8			

## **Section 3: Proposed Nutrition Project**

---

### **Nutrition Curriculum:**

- Which evidence-based nutrition education curriculum is your school proposing to implement? Schools may choose their own, or implement the AFHK-recommended nutrition education

curriculums through [CATCH \(Coordinated Approach to Child Health\)](#) (See instruction guide for clarification on responding to this question)

- CATCH
- Other (please specify in next question)

10. If you chose “Other” for the previous question, please include the name of the curriculum and describe the curriculum in detail. (If you answered CATCH, please type N/A)

11. Who will provide the nutrition curriculum instruction for the nutrition education curriculum your school proposed?

- Classroom teacher(s)
- Health Teacher
- Nurse
- PE Teacher
- Other (please specify)

12. How will the proposed nutrition education curriculum be integrated into your school? Please include details noted in the grant instruction guide.

**Nutrition Promotion Strategy:**

13. What is the nutrition promotion strategy you expect to incorporate into the project throughout the year? (select one)

- School Gardens
- Salad Bars
- Smarter Lunchrooms
- Healthy Fundraisers
- Classroom Celebrations
- Classroom Rewards
- Healthy Food Taste Testing
- Healthy Cooking Classes
- Water Access
- Healthy snacking (including school store, vending and a la carte)
- Other (Please specify)

14. Please explain in detail your proposed strategy and how it will be implemented throughout the year.

**Additional Project Details:**

15. What will be the impact(s) of your nutrition education and promotion initiatives? (Select all that apply)

- An increase in student participation in nutrition education,
- An increase in the amount of time students are taught nutrition education,
- An increase in student healthy eating knowledge, attitudes or behaviors.

16. How do you anticipate your proposed project will lead to the chosen nutrition impact(s)? (2000 characters)

17. Describe the ongoing opportunities your school will implement to engage staff, family, and/or community in leading or supporting your school health programming and your plan for sustaining these opportunities. (2000 characters)
18. Please select at least one of the following impacts as a result of your school's proposed nutrition education and promotion programming: (Please click the link to learn more about SEL impacts through [nutrition](#))
  - Increase in student self-awareness
  - Increase in student self-management
  - Increase in student social awareness
  - Increase in student relationship skills
  - Increase in student responsible decision making
19. Please include any significant dates for a timeline of your project. (2000 characters)
20. Once the grant term is over, describe how you will ensure that grant efforts and success will be sustained. (1000 characters)
21. Describe other funding your school has received (or applied for) to address nutrition. (500 characters)

#### **Section 4: Budget**

---

22. How will you use the \$2,500 if your project is accepted? Please itemize the grant funds in the space provided, including the cost of your proposed nutrition curriculum. (2000 characters)

#### **Section 5: Other Information**

---

23. How did you first hear about the Action for Healthy Kids schools grant opportunity? (Select one)
  - My school previously received a grant from Action for Healthy Kids
  - Action for Healthy Kids' website
  - Social media
  - AFHK emails/newsletters
  - Action for Healthy Kids State Coordinator
  - AFHK Parent Ambassador
  - Partner website or communications (e.g., USDA, FRAC, Shape America, Let's Move, etc.)
  - Cargill Employee Referral
  - Media (e.g. news article, blog)
  - Other (Please specify)

Please proceed to the [Action for Healthy Kids School Portal](#) to submit your application online. Questions? Please contact your [State Coordinator](#) or email [Contactus@ActionforHealthyKids.org](mailto:Contactus@ActionforHealthyKids.org).