








Celebrate Every Kid Healthy Week!

Please join us for:

Activities will include:

Questions? Contact:

EVERY KID HEALTHY WEEK 2020 SCHEDULE

APRIL 20 MINDFULNESS MONDAY	APRIL 21 TASTY TUESDAY	APRIL 22 WELLNESS WEDNESDAY	APRIL 23 THOUGHTFUL THURSDAY	APRIL 24 FITNESS FRIDAY
CHILD HEALTH FOCUS				
Mindfulness 	Nutrition and Healthy Eating 	Earth Day—Sustainability and Wellness 	Social Emotional Health 	Physical Activity 

ACTION FOR HEALTHY KIDS 