

Parent Advisory Board



The Colorado Action for Healthy Kids (AFHK) Parent Advisory Board was formed in April 2015, and has over 60 members spanning urban, suburban and rural school communities across Colorado.

It was established to:

- Help inform Action for Healthy Kids and its partners about school wellness issues, opportunities and concerns at the grassroots level from the perspective of parents and family members
- Provide parent and family champions with training and networking opportunities to help them support school health teams and drive sustainable wellness initiatives
- Provide parent and family champions with volunteer and leadership opportunities to move [Action for Healthy Kids' mission](#) forward and to advance Colorado's healthy schools collective impact efforts

Membership Requirements

At a minimum, we ask that Parent Advisory Board members:

- Serve as active participants in school wellness efforts in their community, including participation on their school or district wellness team, if a formal team has been established
- Complete our annual program survey

We also welcome members to participate by sharing their stories, expertise and input via social media, focus groups, phone calls and in-person events.

Recommending Champions to Serve on the Parent Advisory Board

Would your organization or school community like to recommend a parent or family member to serve on the board? We're looking for:

- Parents, family members or caregivers of school-aged children who have demonstrated their ongoing commitment to school health through their activities as school wellness leaders in their communities
- 1-2 champions per school or district who are active in school wellness efforts in their community, ideally including participation on their school health team or another school group (PTA/PTO)
- English or Spanish speaking parents, family members or caregivers

If your school community would like to recommend 1-2 parents, family members or caregivers, please email the following information for each individual to Denise Marques at dmarques@ActionforHealthyKids.org. If an email or mailing address is not available, please let us know where to send the invitation.

- First and Last Name
- Email
- Mailing Address
- Phone Number
- Best language for invitation (English or Spanish – English will be the default if you don't specify)
- Their School/District affiliation
- Your name, contact info and organization



Every kid healthy, active and ready to learn

Colorado Action for Healthy Kids • PO Box 2995, Littleton, CO 80161 • ActionforHealthyKids.org/Colorado

