# **Healthy School Store Product List**

A healthy school store reinforces good nutrition and promotes a healthy school environment. School stores selling healthy items provide a great opportunity for students to practice making healthy food choices as well as develop money management skills. This list provides examples of healthy products that you can incorporate into your school store. Before selling items in your school store, input all foods/beverages into the Smart Snacks Calculator to ensure food items meet federal school nutrition standards.



## **Healthy Snacks**

#### Whole Grains

**Granola Bars** Snack Mix Rice Cakes Popcorn **Baked Chips Pretzels** Trail Mix Cereal Bars **Fruit Bars** 

#### Fruits

**Apples Bananas Pears** Oranges **Dried Fruit Apple Sauce** Fruit Cups in 100% Fruit Juice

#### Dairy

Low-fat String Cheese Low-fat Pudding Low-fat Yogurt **Greek Yogurt** Frozen Yogurt

#### Vegetables

**Celery Sticks Carrot Sticks** Broccoli **Snap Peas Cucumber Slices Zucchini Slices** 

# Whole Grain Crackers

### **Healthy Beverages**

**Bottled Water** Flavored Water Seltzer Water Low-fat Milk Fat-free Milk 100% Fruit Juice 100% Vegetable Juice





Pro Tip: Consider purchasing school supplies that feature images of fruits, vegetables, and physical activities.

**Erasers** Rulers

Pencils **Pencil Sharpeners** 

Pens **Books** 

Notebooks Markers/Colored Pencils

#### **Wellness Corner**

Stress Balls **Jump Ropes Sweat Bands**  **Bouncy Balls** Hand Sanitizer **Pocket Sized Tissues** 

Remember: Your school store should only operate during hours outside of school breakfast and lunch. Encourage students to eat healthy school meals!

Are you starting a school store for the first time? Here are some steps to get you started:

- Determine a location for your school store.
- Establish a schedule with set dates and times for when the store will be open.
- Decide what your school store will use as currency.
- Review the Smart Snacks Standards Activity in Game On to learn about the types of items that can be sold at school during the school day.
- Check out the **Healthy School Store** Activity in Game On for more information and resources!



