



Gold Medal Rating Scale for Middle and High Schools

GLOSSARY OF TERMS

PECAT	Physical Education Curriculum Assessment Tool (<i>CDC</i>)
S/A	Student Assessment
C/A	Curriculum Assessment
SHI	School Health Index (<i>CDC</i>)
PA	Physical Activity
NASPE	National Association for Sport & Physical Education

Fully in Place = 3 Partially in Place = 2 In Progress = 1 No Evidence = 0

			<i>Circle Rating</i>			
1.1	SHI/PA.1	225 minutes of physical education per week	3	2	1	0
1.2	SHI/PA.2	Adequate teacher/student ratio	3	2	1	0
1.3	SHI/PA.3	Sequential physical education curriculum consistent with standards	3	2	1	0
1.4	SHI/PA.4	Physical education grading	3	2	1	0
1.5	SHI/PA.5	Prohibit substitution for physical education	3	2	1	0
1.6	SHI/PA.6	Individualized physical activity/fitness plans	3	2	1	0
1.7	SHI/PA.7	Health-related physical fitness	3	2	1	0
1.8	SHI/PA.8	Students active at least 50% of class time	3	2	1	0
1.9	SHI/PA.9	Teacher avoids practices that result in student inactivity	3	2	1	0
1.10	SHI/PA.10	Physical education is enjoyable	3	2	1	0
1.11	SHI/PA.11	Promote community physical activities	3	2	1	0
1.12	SHI/PA.12	Credentialed physical education teachers	3	2	1	0
1.13	SHI/PA.13	Professional development for teachers	3	2	1	0
1.14	SHI/PA.14	Participation in extracurricular physical activity programs	3	2	1	0
1.15	SHI/PA.16/A.1	Address special health care needs	3	2	1	0

1.16	SHI/S.1/PA.17/A.2	Physical education safety practices	3	2	1	0
1.17	SHI/S.2/PA.18	Physical activity facilities meet safety standards	3	2	1	0
2.1	PECAT C/A Standard #1	Curriculum addresses competency in motor skills and movement patterns needed to perform a variety of physical activities	3	2	1	0
2.2	PECAT S/A Standard #1	Curriculum contains protocols for competency in motor skills and movement patterns needed to perform a variety of physical activities	3	2	1	0
2.3	PECAT C/A Standard #2	Curriculum addresses competency in understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities	3	2	1	0
2.4	PECAT S/A Standard #2	Curriculum contains protocols for understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities	3	2	1	0
2.5	PECAT C/A Standard #3	Curriculum addresses regular participation in physical activity	3	2	1	0
2.6	PECAT S/A Standard #3	Curriculum contains protocols that address regular participation in physical activity	3	2	1	0
2.7	PECAT C/A Standard # 4	Curriculum addresses achievement and maintenance of a health-enhancing level of physical fitness	3	2	1	0
2.8	PECAT S/A Standard #4	Curriculum contains protocols for achieving and maintaining a health-enhancing level of physical fitness	3	2	1	0
2.9	PECAT C/A Standard #5	Curriculum addresses responsible personal and social behavior that respects self and others in physical activity settings	3	2	1	0
2.10	PECAT S/A Standard #5	Curriculum contains protocols for responsible personal and social behavior that respects self and others in physical activity settings	3	2	1	0
2.11	PECAT C/A Standard # 6	Curriculum addresses valuing physical activity for health, enjoyment, challenge, self expression, and or social interaction	3	2	1	0
2.12	PECAT S/A Standard # 6	Curriculum contains protocols for valuing physical activity for health, enjoyment, challenge, self expression, and or social interaction	3	2	1	0

3.1	MA State Law Chap. 71, sec 3	Physical Education shall be taught in all grades K-12	3	2	1	0
3.2	NASPE Standards	Adherence to NASPE Standards #1-6	3	2	1	0
3.3	Advocacy	Program regularly advocates for physical education	3	2	1	0
3.4	Wellness Policy	Physical education component included in wellness policy	3	2	1	0
		TOTAL each Column:				
		Add the four sums above and enter the total to the right.				
To calculate MODULE SCORE, divide total points by 99 and multiply x 100			_____ %			

Commentary:



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