

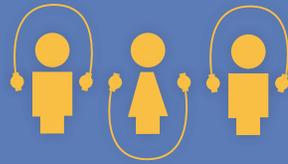
Every Kid Healthy

All kids must develop the lifelong habits necessary to promote health and learning. That's why we've developed the Every Kid Healthy Equation. It's a master plan for coordinated nationwide action in support of improved school and student health



School Action Plans

Schools Develop Effective Plans to Implement District Wellness Policies



Programs & Practices

Schools Implement Strong Health Programs & Practices



School-Family-Community Partnerships

Schools Build School-Family-Community Partnerships That Drive Transformative Change in Wellness Policies, Systems & Environments



Every Kid Healthy Goal

All 130,000+ U.S. schools provide healthy foods, quality health and physical education, and comprehensive physical activity for *all* 55 million students by 2030

Key Performance Measures

School Action Plans



School Health Teams

% of schools with health teams that meet regularly throughout the school year to support development, implementation, monitoring, evaluation and regular revision of school health policies and plans

School Wellness Plans

% of schools guided by a strong school wellness plan including strategies for nutrition education, physical education and activity, and nutrition guidelines for all foods available on the school campus

School Improvement Systems

% of schools that include health-related objectives and measures in their school accountability and improvement plans

Programs & Practices



Health Education

% of schools that provide students with age-appropriate, culturally sensitive health education

Physical Education

% of schools that provide quality PE that is standards-based to develop the knowledge, skills, behaviors, attitudes and confidence needed to be physically active for life

Physical Activity

% of schools that provide students with at least half of recommended 60 minutes of daily physical activity in addition to time in PE

School Meals

% of schools that provide all students eligible for free or reduced price meals with healthy breakfast and lunch

Other School Food

% of schools that restrict access to low-nutrient, high-calorie foods and beverages

School-Family-Community Partnerships



Communication

% of schools communicating with families and community members to promote the adoption of healthy eating and physical activity behaviors among students

School Health Teams

% of schools that involve families and community members on school health teams

Reinforce with Families

% of schools that develop and implement strategies for motivating families to participate in school-based programs and activities that promote healthy eating and physical activity

Access Community Resources

% of schools that access community resources to help provide healthy eating and physical activity opportunities for students



School & Child Health

School Environment Change

% of schools meeting at least minimum standards of an approved school health certification program

Student Population-level Change

% change in nutrition and physical activity knowledge, attitudes and behaviors of children who participate in school health programs

Student Population-level Change

% of U.S. children who maintain a healthy weight as measured through national surveillance instruments

