



ReCharge Parent Exit Survey

Recently, your child participated in a program called ReCharge! that helps students learn about and practice good nutrition and physical activity habits through fun, team-based strategies. To help us improve our program, we would like to get **your feedback** on ReCharge! by completing this survey.

1. Your child's grade level (circle one):

K 1 2 3 4 5 6 7 8

2. Have you heard about the ReCharge! program? Yes No **(If 'No', STOP HERE)**

a) If yes, from whom?

- Child After school staff PE teacher
 Classroom teacher In-home daycare provider Camp counselor
 Other: _____

b) If yes, <u>how useful</u> were each of the following sources of information about ReCharge!?	Not Very Useful	Somewhat Useful	Useful	Very Useful	Did not review this information
a) ReCharge! flyer describing the purpose and goals of the program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) <i>First Down</i> Home Field Advantage Newsletter (introduces the program and the "Energy In-Energy Out" concept)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) <i>Second Down</i> Home Field Advantage Newsletter (addresses making healthy decisions about eating and physical activity)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) <i>Third Down</i> Home Field Advantage Newsletter (focuses on goal-setting and highlights the "Energy In-Energy Out" Tracker)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) <i>Fourth Down</i> Home Field Advantage Newsletter (discusses teamwork and parents/caregivers as role models)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Student Playbook	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Invitation to ReCharge! Field Day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

c) Did you attend the ReCharge! Field Day? Yes No

Rate how strongly you agree with the following statements.

3. After participating in ReCharge activities, my child has talked to me about:	Strongly Disagree	Disagree	Agree	Strongly Agree
a) Healthy eating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Setting goals to eat healthy foods.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Getting more physically active.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Setting goals to be more physically active.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Rate how strongly you agree with the following statements.

4. Because of my child's involvement with ReCharge!, our family is now trying most days to:	Strongly Disagree	Disagree	Agree	Strongly Agree
a) Eat a healthier, balanced diet.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Eat less 'Other Foods' like candy, soda, and chips.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Eat healthy snacks from the Five Food Groups like Grains, Fruits, and Milk.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Eat a healthy breakfast.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Be more physically active.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. If you have any additional feedback about ReCharge! that you would like to share, please use the space below.